

CREATING A CULTURE OF HEALTHY SEXUALITY

THE



OF  
**PREVENTION**

October 22–26, 2014

Hilton Portland and Executive Tower  
Portland, OR

**SASH** 

The Society for the Advancement of Sexual Health

THE SOCIETY FOR THE  
ADVANCEMENT OF SEXUAL HEALTH  
2014 NATIONAL CONFERENCE

**Welcome** to the 2014 Society for the Advancement of Sexual Health Annual Conference. Thank you for joining us in Portland this year. This year's theme: Creating a Culture of Healthy Sexuality: Power of Prevention, continues our annual theme of examining sex addiction and how to move from addiction into healthy sexuality. Many thanks to the SASH Conference Committee for their efforts in putting this conference together.

### Conference Goals and Objectives

At the conclusion of this conference, participants should be better able to:

1. Discuss current information on differential diagnosis, intervention strategies, treatment modalities, and research in the fields of sexual health, sex addiction/compulsivity, sexual offending, and sexual trauma;
2. Evaluate the evidence supporting theories, guidelines and recommendations for recognizing and responding to various aspects of sexual health and behavior;
3. Use effective techniques to identify persons at increased risk for problems with sexual health; and
4. Develop educational approaches and preventive interventions that improve the sexual health of all persons.

These objectives apply separately to each day of the conference.

# SCHEDULE

For more information and an application for the ATPSB Program, please go to [www.sash.net](http://www.sash.net)

WEDNESDAY, OCTOBER 22, 2014 AND THURSDAY, OCTOBER 23, 2014 | 8:30 A.M. – 5:30 P.M.

Advanced Training for Problematic Sexual Behaviors – ATPSB – Level 2 – Certificate Program – The Advanced Training in Problematic Sexual Behavior Level Two training, combined with Level 1 online, leads to a Specialist (SPSB) designation for therapists completing the course. Content for the two day program will be delivered through case study discussion, role play, and some didactic presentation. This experiential process will take participants through initial assessment to working with the diverse constellations individuals and families present. The following subjects will be facilitated with different faculty throughout the 2 day process.

- Advanced Assessment & History Taking
- Advanced Diagnosis & Formulation
- Advanced History Taking (Experiential)
- Case Studies: Child Pornography, Heterosexual Partner, Female with PSB, Gay Couple, Young Adult, Final Discussion

## THURSDAY, OCTOBER 23, 2014

### Preconference Sessions



9:30 a.m. – 4:00 p.m. (1.5 hr. for lunch)  
Giving Voice to Partners of Sex Addicts:  
What they need from clinicians and  
how to best help them in their journey  
– *Cara Tripodi, LCSW, CSAT-S, Barbara Steffens, PhD*

This preconference workshop is designed to encourage therapists to address their use of self in their work with partners. Having tools is understandably essential in addressing the needs of partners, but equally important is recognizing how our theoretical orientation and personal style influences our interventions with partners. To work effectively with partners requires skills in active listening as well as collaborative problem solving behaviors while demonstrating a caring and empathic stance. We will explore through case discussion and exploration of partner dynamics in the clinical setting specific characteristics that therapists can use to increase effective outcomes in the treatment of partners of sex addicts.



Treating Out of Control Sexual Behavior  
– *Douglas Braun-Harvey, LMFT, CGP, CST, Michael A. Vigorito, LMFT, LCPC, CGP*

Doug Braun-Harvey and Michael Vigorito present a combined, group and individual psychotherapy model for treating men with out of control sexual behavior (OCSB). This innovative, sexual health protocol combines clinical experience with the science of health behavior change to create a fresh approach to OCSB assessment and treatment. This pre-conference workshop describes their three step assessment and treatment planning process, individual and group psychotherapy implementation, as well as rich and varied composite case examples.

Sexual health author, trainer and psychotherapist Douglas Braun-Harvey co-founded The Harvey Institute in 2013, an international education, training, consulting and supervision service for improving health care through integration of sexual health. He teaches and trains nationally and internationally linking sexual health principles within drug and alcohol treatment, group psychotherapy, HIV prevention and treatment, and child maltreatment.

Mr. Vigorito is a sexual health consultant and trainer for Behavioral Health Systems Baltimore where he helps public mental health agencies transform routine practice to include sexual health conversations and risk-reduction counseling. Mr. Vigorito also conducts psychotherapy for men concerned about their sexual health in his District of Columbia private practice.

General Session

Partner Track

## FRIDAY, OCTOBER 24, 2014

8:15 a.m. – 6:00 p.m. – Conference Registration, Exhibit Hall and Bookstore Open

8:15 a.m. – 9:15 a.m. – Opening Remarks and Drumming Ceremony

9:15 a.m. – 10:30 a.m. Opening Keynote Address – Hijacking of Children and Teen Sexuality: Taking it Back From Those Who Profit from the Exploitation – **Cordelia Anderson, MA**

BREAK – 10:30 a.m. – 11:00 a.m.

11:00 a.m. – 12:00 p.m. – CARNES LECTURE

Does Sexual Health Matter? – *Douglas Braun-Harvey, MFT, CGP*

12:00 p.m. – 1:30 p.m. LUNCH

**Session 1 1:30 a.m. – 2:45 a.m.**

1. The Aftermath and Trauma of a Discovery / Disclosure in the Coupleship – *Francoise Mastroianni, MS*

2. Creating Roots for Intimacy Based Sex: Sex Addiction v. Restorative Sex – *Daniel Glaser, MSW*

3. Panel Session Partners – Cara Tripodi, LCSW, CSAT-S – Shifting trends in the treatment of partners of sex addicts: A panel discussion on current models of treatment. *Cara Tripodi, Moderator, Barb Steffens: Trauma-induced, Mavis Humes: Codependency / S-Anon, Alex Katehakis: Neurobiology / attachment related concerns, Joan Gold: Interplay of the various models*

2:45 p.m. – 3:00 p.m. – Short BREAK

**Session 2 3:00 p.m. – 4:15 p.m.**

1. Assessment and Treatment Planning for Partners of Hypersexual Patients – *Marty Revell, LMFT*

2. Practical Brain-Based Interventions for Treatment of Sexual Addiction and Co-Occurring Disorders – *Terrina Picarello, MA, LPC*

3. The Origins of Codependency and Pathological Narcissism: A Developmental Explanation – *Ross Rosenberg, M.Ed., LCPC, CADC, CSAT Candidate*

4. Sexual Development & Dysfunction – The Sexual Interdependence & Sexual Progression Model – *Brett Copeland, PsyD, Andrea Rabie, BA*

5. Attachment theory and experiential group therapy – An effective framework for working with recovering sex addicts and their partners – *Austin Houghtaling, PhD, LMFT*

Short BREAK 4:15 p.m. – 4:30 p.m.

### Session 3 4:30 p.m. – 5:45 p.m.

1. Beyond Disclosure: A Roadmap to Restoration for Couples – *Sue Neufeld-Ellis, LMHC, RN, CSAT, Rob Baker, LMFT, LMHC, CSAT-S*
2. #digitalworld #sexuality: The Impact of the Digital World on Sexuality – *David Delmonico, PhD*
3. What I've learned as a Partner Specialist: Surviving the journey with the destination in mind – *Barb Steffens, PhD*
4. Sad Intimacy: The Impact of Unresolved Grief in Sex Addiction – *Jes Montgomery, MD*

6:00 p.m. – Join us for an Equine Therapy Event

This year SASH is excited to offer an evening program, included in your conference registration fee, to all conference attendees. On Friday a one hour CE equine therapy demonstration will be held at an arena approximately 30 minutes from the hotel. Transportation and a BBQ dinner are included. Please join us for a relaxing, educational, and enjoyable evening in a beautiful outdoor setting.

Facilitating this event, will be Steven DeLugach. Steven DeLugach began private practice in Portland Oregon in 1988 specializing in recovery work from addictions and trauma. He has over 10 years prior experience with adventure based counseling, mountaineering and professional guiding that developed an impeccable safety record, risk management skills and experiential learning in natural settings. Since 1989 he has run outpatient treatment groups for sexual addiction, trauma and intimacy disorders for individuals, couples and families. He has led equine therapy groups with sexual addicts and trauma survivors since 2011. His current study prey/predator neurobiology and relationships in the treatment of addictions and trauma will be introduced during the equine event.

## SATURDAY, OCTOBER 25, 2014

### Recovery Saturday

8:00 a.m. – 6:00 p.m. – Conference Registration, Exhibit Hall and Bookstore Open

### Session 4 8:45 a.m. – 10:00 a.m.

1. Facing Heartbreak: Interventions for Partners of Sex Addicts – *Stefanie Carnes, PhD, Mari Lee, PhD*
2. Power of Prevention – A Healing Sexual Legacy after Sexual Addiction – *Marnie Ferree, MA, LMFT, E.A. Cox*
3. Building Resilience in Recovery by Utilizing the Twelve Principles – *Pennie Johnson, LPC*
4. Using Mindfulness to Cope with Cravings – *Monica Blauner, LCSW*
5. "When Chaos Strikes; couples treatment from Discovery through recovery" – *Wendy Conquest, LPC*

BREAK 10:30 a.m. – 10:45 a.m.

10:45 a.m. – 12:00 p.m.

KEYNOTE ADDRESS – *Dr. Stephen Birchak*

The Power of Prevention

The 5 Mental Skills of Resilient Practitioners

Dr. Bird will examine the process of developing resilience even when we feel overwhelmed. In today's world of high demands, cyberstress, and incivility, it's often difficult to develop the healthy perspective necessary to maintain our sanity. Dr. Bird will take a humorous and insightful look at the 5 mental skills that allow effective leaders to build powerful shock absorbers.

12:00 p.m. – 2:00 p.m. AWARDS LUNCHEON

### Session 5 2:00 p.m. – 3:15 p.m.

1. The Beginning to an End: Telling the pornography addiction and recovery story through music – *Todd Freestone, PsyD, Matthew Hedelius, PsyD*
2. "The Courage to Love" – Stories of Men and Women Healing from Sexual Addiction – DOCUMENTARY – *Paul Ginocchio, MA*

3. The Three Amigos on Providing Addiction Treatment in a World of Psychotherapy  
Panel Presentation: The Three Amigos: *Patrick Carnes, PhD, Ralph Earle, PhD, Robert Weiss, LCSW*
  4. Mirror of Intimacy and Unconditional Positive Regard: A neuropsychobiological understanding of Roger's Six Conditions for Personality Change and the Practical Application to Sex Addiction Treatment – *Alex Katehakis MFT, CSAT-S, CST-S*
  5. Question and Answer Session – Stuart Bloomberg, Writer and Director of *Thanks for Sharing*
- BREAK 3:15 p.m. – 3:45 p.m.

3:45 p.m. – 5:00 p.m.  
Keynote Address – *Patrick Carnes, PhD*

Talent Night – Do you sing, or play an instrument or draw? Showcase your talent on Saturday Night in the Penthouse Reception area. A lovely setting for a fun night of surprises. If you are interested in participating, please contact SASH at [sash@sash.net](mailto:sash@sash.net) and let us know you wish to attend and be a part of our Talent Night of fun.

## SUNDAY, OCTOBER 26, 2014

### Session 6 9:00 a.m. – 10:15 a.m.

1. Implications of rape trauma theory for treatment of partners of sex addicts: Predictors and Patterns – *Richard Blankenship, MEd*
  2. Straight Guise: Is My Client Gay, Straight, or Bisexual? – *Joe Kort, PhD*
  3. Adult ADHD, Mindfulness, and Hypersexual Behavior – *Rory Reid, PhD*
  4. An Integrated Systems Approach to Treating Sex Addiction Utilizing Interventionists – *Marcus Earle, PhD, Ralph Earle, PhD, Carey Davidson, MA, Heather Hayes, Med*
  5. Post-Panel Partner Discussion – *Cara Tripodi, LCSW, CSAT-S – Moderator*
- BREAK 10:15 a.m. – 10:45 a.m.

### Session 7 10:45 a.m. – 12:00 p.m.

1. I would rather be a Sex Addict – When a High SAST Score can Mislead the Client and the Therapist – *Roger Northway, MS*
2. Neuro-economics, Financial Disorders and Sexual Compulsivity: When money becomes erotic – *Matthew Hedelius, PsyD*
3. Riding the Dragon – Self-care for the Clinician Working with Sex Addicts – *Thomas Brewer, PsyD, Darel Grothaus*
4. Hazards of making the addict the identified patient in healing family relationships impacted by sexual addiction behavior – *Ken Wells, MDiv, Brenda Garrett*

12:00 a.m. – 1:30 p.m. – Lunch

### Session 8 1:30 p.m. – 2:45 p.m.

1. Managing the Elephant: Effective Couples Therapy in Early Recovery – *Timothy Stein, LMFT, Jeanne Vattuone, LCSW*
2. Creative Recovery: the use of figurines, art, clay, music, writing and other creative interventions in the treatments of Sex Addicts and their Partners – *Marty Revell, LMFT, Gregory Pospisil, LMFT*
3. Utilizing Schema Therapy to Assist Sexual Addicted Males: addressing underlying needs behind behaviors – *Mary Deitch, JD, PsyD, Lucien Thomas, LCSW*
4. The Density of Comorbid Psychopathology in Inpatient Sexually Addicted Professional Populations – *Dr. Monica Meyer, The Meadows*

BREAK 2:45 p.m. – 3:15 p.m.

### Session 9 3:15 p.m. – 4:30 p.m.

1. Working with Prisoners and Intimacy – *Cherith Peterson, MA*

2. The Power of the Paradoxical: How to Talk to Your Clients About the 12 Steps – *Sharon O'Hara, MA, LMFT*
3. Using Jungian Archetypes of the Mature Masculine for Sex Addiction Treatment of Men – *Sarah Knowlton, MFA, MA, MFTI, CSAT-C*

# General Information

## CONFERENCE LOCATION AND GENERAL INFORMATION

HILTON PORTLAND & EXECUTIVE TOWER  
921 SW Sixth Ave.  
Portland, OR 97204  
503-499-4274

## HOTEL RESERVATIONS

A block of rooms has been reserved for SASH conference attendees at The Hilton Portland & Executive Tower at a reduced rate of \$169 Single or Double and \$189 for upgrade. Ask for the SASH Group Rate. Check-in time is 4:00 p.m. and check-out time is 12:00 p.m. Noon.

The special rate is valid until midnight of Monday, September 22, 2014. To ensure space at the conference hotel, it is important to call and make reservations early.

Reservations should be made directly by calling The Hilton Portland & Executive Tower at the numbers listed above. To receive the discounted conference room rate, mention the SASH National Meeting.

Any special needs for your stay with The Hilton Portland & Executive Tower should be addressed at the time of making the reservations.

To contact The Hilton Portland & Executive Tower for reservations:

USA 503-226-1611  
USA 800-HILTONS

## SPECIAL NEEDS

For conference participants with special needs, please contact Robin Cato, Executive Director, SASH, 706-356-7031.

## EXHIBITOR SPACE/ADVERTISING OPPORTUNITIES

Those individuals, organizations and businesses interested in the opportunity to exhibit or advertise at the SASH Conference should contact Robin Cato, Executive Director at 706-356-7031, or by email at [sash@sash.net](mailto:sash@sash.net).

## TARGET AUDIENCE

Chemical Dependency Counselors  
Correctional and Probation Officers  
EAP Professionals  
Human Resource Managers  
Licensed Professional Counselors  
Marriage and Family Therapists  
Pastoral Counselors  
Public Healthcare Workers  
Physicians  
Psychologists

## CONTINUING EDUCATION

The Society for the Advancement of Sexual Health (SASH) is approved by the American Psychological Association to offer continuing education for psychologists. SASH maintains responsibility for the program as well as CA Board of Behavioral Sciences. Applications pending with NBCC, AASECT, NAADAC, and NASW.

## PENDING CONTINUING EDUCATION HOURS OFFERED

Thursday	5.0 Hours
Friday	7.0 Hours
Saturday	7.0 Hours
Sunday	5.0 Hours

## CONFERENCE PLANNING COMMITTEE

John Giugliano, PhD, Conference Chair  
Bill Swiggart, MS  
Deborah Coffin, MS  
Tim Lee, MS  
Cara Tripodi, LCSW, CSAT-S  
Robin Cato, JD, Executive Director  
Susan Campling, PsyD

## SASH BOARD OF DIRECTORS

Susan Campling, RN, PsyD  
Marcus Earle, PhD, President  
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Tim Lee, LMSW, Treasurer  
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Jes Montgomery, MD  
Charles Samenow, MD, MPH, Journal Editor  
Bill Swiggart, MS  
Cara Tripodi, LCSW, Secretary  
Betsy White Williams, PhD, MPH  
Ann Foster, MTS, LCPC, CADC, CSAT  
Steven Schultz

## Program Changes

SASH reserves the right to make changes in this program without advance notice.

## For more information

If you have any questions regarding this conference program, including specific workshop objectives, or the credentials and positions of speakers, please contact the national office at 706-356-7031.



# Conference Registration

1. Advanced Training in Problematic Sexual Behaviors (ATPSB) Wednesday–Thursday, October 22–23, 2014

For more information and an application for the ATPSB Program,  
please go to [www.sash.net](http://www.sash.net)

	Earlybird registration postmark before September 19, 2014	Registration postmark on or after September 19, 2014
2. Pre-Conference Day – Thursday, October 23, 2014		
Member	\$100	\$125
Student*/Recovery	\$35	\$35
Non-member	\$125	\$150
3. Full Conference: (Includes Friday morning through Sunday afternoon)		
Member	\$375	\$395
Student*/Recovery	\$100	\$100
Non-member	\$395	\$435
4. One Day/Two Day Registration: (Please circle which days you will be attending) Friday    Saturday    Sunday		
SASH Member	\$130/\$260	\$145/\$290
Student*/Recovery	\$35/\$65	\$35/\$65
Non-member	\$150/\$300	\$165/\$330

\*Must be full-time in mental health related field with valid student ID.

CANCELLATION POLICY – A full refund (less \$50 administrative fee) will be given if the national office receives written or faxed notice of cancellation by September 7, 2014. No refund will be given after September 7, 2014. SASH's liability is limited to the return of registration fees.

## REGISTRATION FORM

Name \_\_\_\_\_ Degree \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Organization name \_\_\_\_\_

PRE-CONFERENCE REGISTRATION \$ \_\_\_\_\_

FULL CONFERENCE REGISTRATION \$ \_\_\_\_\_

ONE/TWO DAY CONFERENCE REGISTRATION \$ \_\_\_\_\_

FRIDAY EVENING EQUINE WORKSHOP click here to register: [www.conta.cc/1tR6A9w](http://www.conta.cc/1tR6A9w) \$ \_\_\_\_\_

SATURDAY LUNCHEON – \$25 per person \$ \_\_\_\_\_

CONTINUING EDUCATION CREDITS – \$25 per person \$ \_\_\_\_\_

SASH MEMBERSHIP  New  Renewal \$ \_\_\_\_\_

PAYMENT TOTAL \$ \_\_\_\_\_

Check payable to "SASH"

VISA  MasterCard  American Express  Discover

Signature \_\_\_\_\_

Card Holder's Name (print) \_\_\_\_\_

Card Number \_\_\_\_\_

CVV Code \_\_\_\_\_ Expiration Date \_\_\_\_\_

Please check if you do not wish to be placed on the conference attendee mailing list.

How did you hear about us? \_\_\_\_\_

### REGISTER TODAY

MAIL FORM TO:  
SASH  
P.O. Box 433  
Royston, GA 30662

FAX FORM TO:  
(866) 389-3974

ONLINE REGISTRATION:  
[www.sash.net](http://www.sash.net)



# SASH Membership Information

If you are not currently a member of SASH, now is an exciting time to join and start experiencing the benefit of SASH Membership.

The Society for the Advancement of Sexual Health (SASH) is a nonprofit organization dedicated to promoting public and professional awareness and understanding of addictive/compulsive sexual behavior and its associated negative consequences. SASH provides access to education, information and referral resources, encouraging wellness for all those we serve. Membership provides numerous benefits, including:

- Access to education information, and referral resources
- Newsletter and Journal subscriptions
- Discount for SASH Annual Conference
- Listing on SASH's website (optional) with link to your own webpage or email address for additional fee
- Join SASH Professional Listserv (optional)

New Membership Levels (Fees are annual)

The following are the benefits received for the various membership categories:

Membership Categories	Additional Benefits Received	Amount
Student (with journal)	<ul style="list-style-type: none"> <li>· Journal subscription</li> <li>· Newsletter subscription</li> <li>· Discounts for events, publications, and the SASH annual conference</li> </ul>	\$100
General	<ul style="list-style-type: none"> <li>· Newsletter subscription</li> <li>· Discounts for events, publications, and the SASH annual conference</li> </ul>	\$50
Professional (with CSAT discount)	<ul style="list-style-type: none"> <li>· Listing on SASH website</li> <li>· Link from SASH website to your website available for an additional \$50</li> <li>· Journal subscription</li> </ul>	\$135
Professional	<ul style="list-style-type: none"> <li>· Newsletter subscription</li> <li>· Discounts for events, publications, and the SASH annual conference</li> </ul>	\$170
Institutional	<ul style="list-style-type: none"> <li>· Listing on SASH website</li> <li>· Link from SASH website to your website available for an additional \$100</li> <li>· Journal subscription</li> <li>· Newsletter subscription</li> <li>· Discounts for events, publications, and the SASH annual conference</li> </ul>	\$375

For donor levels, the committee has determined donors would receive the following additional benefits

Donor Levels	Additional Benefits Received	Range
Friend	<ul style="list-style-type: none"> <li>· Newsletter subscription</li> </ul>	\$1-\$299
Contributor	<ul style="list-style-type: none"> <li>· 10% discount to SASH annual conference</li> <li>· Discounts for events and publications</li> <li>· Newsletter subscription</li> </ul>	\$300-\$999
Benefactor	<ul style="list-style-type: none"> <li>· Free admission to SASH annual conference</li> <li>· Discounts for events and publications</li> <li>· Newsletter subscription</li> </ul>	\$1000-\$2499
Champion	<ul style="list-style-type: none"> <li>· Free admission to SASH annual conference</li> <li>· Complete recording of the SASH annual conference on CD</li> <li>· Discounts for events and publications</li> <li>· Newsletter subscription</li> </ul>	\$2500-\$4999
Hero	<ul style="list-style-type: none"> <li>· Free admission to SASH annual conference</li> <li>· Complete recording of the SASH annual conference on CD</li> <li>· Complimentary room for three (3) nights during the SASH annual conference</li> <li>· Discounts for events and publications</li> <li>· Newsletter subscription</li> </ul>	\$5000+