



#ITalkSexualHealth

SASH CONFERENCE

OCTOBER 14-17TH, 2021

Greetings!

It is hard to believe another year has passed and it's time again for the annual conference. Our conference committee has worked tirelessly to make this event happen and we are proud to serve with them. And what a joy to be in Seattle. The pandemic has brought many of us new highs and lows. There has been no shortage of challenges and opportunities for SASH to press forward on its mission to promote "an integrative approach to sexual health research, education and intervention that addresses the full spectrum, from problematic attitudes and behaviors to the pursuit of fulfillment, freedom and pleasure."

Perhaps the best example of this is the ability to meet the expanding needs of our members by hosting a hybrid conference (in-person and virtual because of the pandemic). This hybrid option provides you with even greater learning and CE opportunities. For those who registered for the full conference, all recorded sessions will be available for 1 year. So, not only can you earn up to 21 CE's at the conference, but you can also potentially earn 21 additional CE's from the remaining recorded presentations.

It is an incredible speaker faculty. We have speakers coming for the first time and some of our old friends. As we carry on the tradition of #JointheConversation, our special guests this year includes NCSBY (National Center on the Sexual Behavior of Youth) who will present special sessions and a panel discussion specific to youth with problematic sexual behavior. SASH is also honored to have as guests, Dr. Joshua Grubbs, Dr. Mateusz Gola, Dr. Beata Bothe, and Dr. Brian Willoughby in a 2-hour moderated panel with Dr. Shane Kraus, on problematic pornography use. These researchers will be sharing information about current findings. Dr. Barry McCarthy is closing the conference with a special post-conference on A New Model of Healthy Male Sexuality.

Despite the difficulties of the time, we are proud of the work SASH has been doing. We have been busy! If you haven't seen all the new trainings we are hosting, you might be missing out. Learning has never been better. And the committees have been hard at work putting new initiatives into play. It has been a great year.

We look forward to seeing you in person or virtually and sharing in the excitement of another outstanding SASH conference. Now, please enjoy the next few days. Listen, ask questions, learn, and have fun!

Sincerely,

Leah M. Briick, PhD
Executive Director



Daryl R. O'Bryant
Chair - Conference Committee



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Discover Hope and Healing

Program Features

- Sexual Addiction Residential Treatment for Adult Males (18+)
- 4 to 6 week Treatment Program
- CSAT Trained
- Financing Available
- Treatment for impaired professionals, child pornography, & non-contact sexual offenders
- Safe & Secluded Facilities
- 28-day intensive sexual behavior risk evaluation for child pornography and non-contact sexual offenders

Treatment Modalities

- Individual Therapy
- Group Therapy
- Couples & Family Therapy
- Pat Carnes' 30 Task Model
- Cognitive Neuro-Restructuring Therapy (CNRT)
- Experiential Therapy
- 12-Step Support Group
- Principles of Recovery Seminars
- Mental Health Assessment
- Medical Evaluations

Conditions We Treat

- Pornography Addiction
- Sexual Addiction
- Depression and Anxiety
- Trauma
- Paying for escorts
- Behavioral Addictions (gambling, spending, etc.)
- Multiple affairs
- Exhibitionism/Voyeurism
- Compulsive Masturbation
- Online Hook-ups
- Cybersex and Sexting
- Love and Relationship Addiction
- Comorbid Substance Abuse Disorders



Matthew Hedelius
Psy. D.
LCSW, CSAT-S
Director



A. Todd Freestone
Psy. D.
LCSW, CSAT
Clinical Director



Jacob Stacy
CSW
CSAT-Candidate
Program Manager

paradisecreekrecovery.com
1-855-442-1912

WHO IS SASH

The Society for the Advancement of Sexual Health (SASH) is a non-profit organization dedicated to promoting an integrative approach to sexual health research, education and intervention that addresses the full spectrum, from problematic attitudes and behaviors to the pursuit of fulfillment, freedom and pleasure.

SASH's Vision Statement

SASH envisions a world where we can have an open, informed and inclusive conversation about sexual health without fear of stigma or shame.



LEADERSHIP:

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Tanisha Ranger, PsyD, CMAT, CSAT	
Leah M. Briick, PhD	<i>Executive Director</i>

The SASH Board is comprised of a small group of distinguished members. They come from all walks of life and parts of the world and their service to the organization is volunteered.

THURSDAY, OCTOBER 14th

7:00 AM - 8:00 AM	OPEN SUPPORT MEETING
7:30 AM - 8:30 AM	BREAKFAST (<i>Exhibit Hall</i>)
7:30 AM - 5:30 PM	REGISTRATION
8:45 AM - 9:00 AM	WELCOME MESSAGE (<i>Hedelius</i>)
9:00 AM - 10:30 AM	MORNING BREAKOUTS (<i>Blankenship, Hovey & Gerdts, Goerlich</i>)
10:30 AM - 11:00 AM	BREAK (<i>Exhibit Hall</i>)
11:00 AM - 12:30 PM	SASH MERIT AWARD WINNER (<i>Wells</i>)
12:30 PM - 1:30 PM	OPENING LUNCH RECEPTION (<i>Exhibit Hall</i>)
1:30 PM - 3:00 PM	MID-DAY BREAKOUTS (<i>Olsen, Deitch & Herring, Futral & Bennett</i>)
3:00 PM - 3:30 PM	BREAK (<i>Exhibit Hall</i>)
3:30 PM - 5:00 PM	AFTERNOON BREAKOUTS (<i>Knowlton & Martin, Marshall</i>)

FRIDAY, OCTOBER 15th

7:00 AM - 8:00 AM	OPEN SUPPORT MEETING
7:30 AM - 8:30 AM	BREAKFAST (<i>Exhibit Hall</i>)
9:00 AM - 10:30 AM	YOUTH & PSB PANEL (<i>Lake Washington Ballroom</i>)
10:30 AM - 11:00 AM	BREAK (<i>Exhibit Hall</i>)
11:00 AM - 12:30 PM	MORNING BREAKOUTS (<i>Shields, Kenney, Raabsmith, Raabsmith & Drake</i>)
12:30 PM - 2:15 PM	SASH AWARDS LUNCHEON (<i>Josh Grubbs</i>)
2:30 PM - 4:00 PM	PLENARY SESSION (<i>Sarr</i>)
4:10 PM - 5:40 PM	AFTERNOON BREAKOUTS (<i>Godfrey & Wheeler, Kelly & Shields</i>)

SATURDAY, OCTOBER 16th

7:00 AM - 8:00 AM	OPEN SUPPORT MEETING
7:30 AM - 8:30 AM	BREAKFAST (<i>Exhibit Hall</i>)
7:30 AM - 12:00 PM	SEXUAL HEALTH AWARENESS EVENT REGISTRATION
8:00 AM - 9:30 AM	MORNING BREAKOUTS (<i>Hentsch, Pimsler</i>)
9:45 AM - 11:45 AM	HOT OR BOTHERED? PANEL (<i>Lake Washington Ballroom</i>)
12:00 PM - 1:00 PM	TOWN HALL RECEPTION LUNCH
1:00 PM - 2:30 PM	MID-DAY BREAKOUTS (<i>Ranger, Fawcett</i>)
2:30 PM - 2:45 PM	BREAK
2:45 PM - 4:14 PM	AFTERNOON BREAKOUTS (<i>Hedelius, Kraus, Griffin & Way</i>)
4:15 PM - 4:30 PM	BREAK
4:30 PM - 6:00 PM	EVENING BREAKOUTS (<i>Lamar & Earle, Moore & Solen, McCarthy</i>)

OBTAINING CE CREDIT

During the Conference: It is each attendee's responsibility to make sure they attend each session for which they are registered. To receive credit for attendance the session must be attended in its entirety. Late arrivals (10 min late) or early departures (10 min remaining) will not be granted credit for the session. No partial credits will be awarded for any session. In-person attendees must be scanned into and out of each session to be recorded for CE attendance. Virtual attendance will be recorded when you login to the session. Should a virtual attendee experience technical assistance contact your session monitor in the Zoom room or SASH at 610-348-4783. SASH is unable to adjust credits and attendance issues after the conference has ended due to strict compliance requirements by our accrediting organizations. It is your responsibility to make sure your attendance is recorded.

CERTIFICATES OF ATTENDANCE

In order to earn CE credit, attendees must fully attend each registered session for which they are registered and complete a session evaluation. Certificates of completion will be immediately accessible to attendees who meet these requirements upon completion of the session evaluation. A survey link will be sent via email to participants meeting course completion requirements. Upon completion of the evaluation, participants can download and print their certificate. Partial credit will not be granted for partial attendance in a session.

SASH CREDENTIAL EDUCATION CREDITS

For full details on all continuing education credits available during this year's conference, see the charts for each day in the **SASH DETAILED CREDENTIAL OFFERINGS** section.

GHS = *General Human Sexuality Requirements, required for ALL credentials*

CPSBT = *Certified Problematic Sexual Behavior Therapist*

CSRTT = *Certified Sexual and Relational Trauma Therapist*

CSWT = *Certified Sexual Wellness Therapist*

CSOC = *Certified Sexual Offender Clinician*



courses that are applicable to the SASH credentials have this symbol

Be sure to receive credits for the seminars you attend!!

Thank You, Sponsors!



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Begin Again Institute is a highly specialized program for sex addiction & intimacy disorders for men, offering trauma-focused two-week intensives as well as a simultaneous Partner Support Program, giving both parties the opportunity to receive healing and freedom from the devastation and trauma of betrayal and addiction.

Begin Again Institute (BAI) is a part of Integrative Life Center (ILC), a small, privately owned treatment center dually licensed to treat men and women 18-years and older struggling with mental health and addictive disorders. ILC offers a full continuum of care, providing a myriad of treatment modalities tailored to meet the individual needs of each client. Both ILC and BAI share a treatment philosophy of treating the root cause of a person's behavior holistically using evidence-based approaches with integrative and experiential modalities.
www.beginagaininstitute.com

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CoHear/BCS is a private practice group that started in 1974 with a vision of providing high-quality mental healthcare to the entire family system. CoHear is an acronym for Collaboratively Helping Everyone Achieve Results. We provide comprehensive mental health care and addiction services for clients of all ages including assessment and referral, psychiatric assessment and medication management, medical family therapy services and Employee Assistance Programs (EAP) all in a collaborative environment. Check out our website; www.coheargroup.com.



Meadows Behavioral Healthcare is the industry leader in providing evidence-based treatment for people struggling with emotional trauma, drug and alcohol addiction, sex addiction, eating disorders, psychiatric disorders, and co-occurring conditions. Our continuum of specialized programs and therapeutic modalities unlock the greatest healing and address the trauma that drives self-destructive behaviors.

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AMBASSADOR SPONSORS



Paradise Creek Recovery Center is a 31-45 residential treatment center specializing in sexually compulsive disorders and trauma issues. We also address sex offending issues including voyeurism, exhibitionism and Internet child pornography. Treatment includes multiple individual & group psychotherapy sessions per week, family therapy sessions as indicated, Principles of Recovery Seminars, Biofeedback, EMDR, Music Therapy, Activity Groups, Ropes Course and 12 step meetings. We can also conduct indepth Sexual Behavior Risk Assessments for courts if requested. We follow an Interpersonal Neurobiology and Brain Plasticity model, believing that enduring changes takes place when the entire neurology of the person is treated. www.paradisecreekrecovery.com



The PCS Intensive is a trauma-focused program that has proven to quickly and cost effectively help clients with compulsive and addictive behavior, relationship difficulties and mood disorders. We provide 35 hours of individual therapy, 23 hours of group therapy and 9 hours of workshop per week. <https://pcsintensive.com>



Pine Grove

Gratitude

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Pine Grove's world renowned programs treat gender specific chemical addiction including a specialized track for co-occurring eating disorders and trauma. Additionally, Pine Grove offers an Intensive Outpatient substance abuse healing program for adults and a program specifically for those who are age 55 plus. Other Pine Grove specialty programs include a dedicated professional's treatment curriculum and a comprehensive evaluation center. Pine Grove also features a program for patients with sexual addiction. Other components include Adult Psychiatric plus Child and Adolescent Psychiatric inpatient units along with concurrent Outpatient services. Pine Grove has provided nationally and internationally recognized health care since 1984.

www.pinegrovetreatment.com



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Abel Screening Inc. produces and markets series of products design to evaluate individuals with sexual behavior problems and protect children from sexual harm. Abel Screening offers clinical products, risk management tool and education and training. Our clinical products are computer-based assessments that objectively measures a client's sexual interests and obtains information regarding involvement in a number of abusive or problematic sexual behaviors. The Abel Assessment for sexual interest-3 (AASI-3) is designed for men or women aged 18 and older with a minimum of a 7th grade reading level. The AASI-2 is designed for boys and girls ages 12-17 with a minimum of a 5th grade reading level. The Abel-Blasingame Assessment System (ABID) is a comprehensive assessment system that may be used with individuals who have learning and/or developmental disabilities. Abel Screening's Risk Management product, The Diana Screen, is a pre-hire/volunteer screening tool that helps agencies screen adults who might be a risk to violate sexual boundaries with children and teens. Abel Screening regularly presents at conferences and trainings to provide update information which aids participants in their work. For more information, please stop by our booth.



Onsite is an emotional health resource company that offers personal growth workshops, therapeutic intensives, residential trauma treatment, and emotional health digital resources. Located in the hills of Tennessee, in the valley of San Diego, and online, Onsite aims to connect the world through empathy, self-awareness, resiliency, and compassion



We will
never give up
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an integrated treatment model
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privately owned 25 years and counting.

Our continuum of care is open to individuals and their families seeking recovery from addictive substances and problematic sexual behavior, with a focus on treating the addicted professional and trauma resolution.

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We are proud of our distinguished past and look to the future for even greater achievements.



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8:45 AM-9:00 AM WELCOME MESSAGE

"THE STATE OF SASH" Welcome Message by Matthew Hedelius, SASH Board President.

9:00-10:30 AM MORNING BREAKOUT

PSB 101 FOR PROFESSIONALS

Richard Blankenship (90 minute session)



This seminar is for professionals both new to the field of sexual health and already working in it. It addresses various labels for problematic sexual behavior as well as categorizing the types of behaviors for which people seek treatment. Sexual behavior that is problematic for some people may not be for others, and attendees will be given a framework to help them distinguish potential problems from healthy sexual behavior, as well as a list of potential risk factors that appear to contribute to the development of problems. Participants will review recent research on the effects of internet pornography, including effects on the brain, as well as the new diagnosis called "Compulsive Sexual Behavior Disorder" to be implemented via the World Health Organization's upcoming diagnostic manual, The International Classification of Diseases (ICD-11). Finally, attendees will learn about treatment options, plus support options for those affected and their partners.

*Participants will be able to describe a framework for identifying problematic sexual behaviors. *CPSBT1a (60 mins) AND *CPSBT1b (30mins) (for all objectives)*

Participants will be able to discuss potential risk factors for PSB.

Participants will be able to list various treatment options for PSB.

DEVELOPING HEALTHY INTIMACY: THE IMPACT OF A PARENT'S PROBLEMATIC SEXUAL BEHAVIORS ON YOUNG ADULT CHILDREN

Diane Hovey and Victoria Gerds (90 minute session)



Looking at several case studies, we will address the challenges young adults face when they have a parent with a problematic sexual behavior and what is needed to improve their ability to form healthy relationships. Personal sexual put-downs, unsavory sexual comments, embarrassing & overtly sexual behaviors, fights, arguments between parents, the push and pull of charm and lies, secrets, promises, and threats are some of the impacting factors reported by adult children. These impacts result in anxiety, poor body-image, lack of boundary-setting skills, ambiguity around healthy sexuality, and difficulty with intimacy. During this presentation, we will explore the experiences reported by young adults and the influence on their relationships. We will address their challenges and the barriers they face in establishing healthy relationships: we will share interventions to aid and support the healing process and the development of healthy relationships: and we will discuss the intimate, loving, and connected relationships they desire yet fear are out-of-reach.

*Participants will be able to explain and list the challenges to healthy adult development caused by a parent's problematic sexual behavior. *CPSBT1d (for all objectives)*

Participants will apply therapy tools to use in addressing these challenges in therapy.

Participants discuss new tools to use in fostering resiliency and healthy sexual behavior and reduces the multigenerational impact. Using the framework of problematic sexual behavior, participants will be able to create a framework to address the impact of problematic sexual behavior on adult children.

THE IMPACT OF KINK STIGMA ON THE DIAGNOSTIC PROCESS: A CASE STUDY PRESENTATION

Stefani Goerlich (90 minute session)



As our awareness of kink-informed and kink-affirming practice grows, it becomes ever more important to recognize what happens when these qualities are not present in the counseling room. This presentation will present a brief overview of the impact of BDSM engagement on mental health, discuss the current controversies regarding the inclusion of paraphilias in the DSM, and then explore one specific case in depth. The case study will highlight the challenges that arise when covert clinical bias and lack of kink-awareness is introduced into the process of client evaluation, diagnosis, and treatment planning.

*Attendees will be able to describe and differentiate between kink-informed, kink-aware, and kink-affirming practice. *GHS3c*

*Attendees will be able to list at least three factors to consider when assessing and diagnosing kinky clients. *GHS3c*

*Attendees will be able to explain the impact of clinician bias on clients, and identify at least two steps they can take to mitigate this risk for those they treat. *GHS5a*

10:30 AM-11:00 AM BREAK - Exhibit Hall

11:00 AM-12:30 PM SASH MERIT AWARD WINNER

DARE TO BE AVERAGE: REFLECTIONS ON RELAPSE PREVENTION

Ken Wells (90 minute session)



Ultimately, the bottom line for treatment of any addiction is does it work? Can your treatment help me stop destructive behavior and never do it again? The public wants to know the recidivism rate after treatment is embraced. The goal of relapse prevention is to teach addicts how to anticipate and cope with the problem of relapse. It is hopeful that treatment outcomes would suggest a strong likelihood of maintaining sobriety without relapse. Yet, relapse is common for many receiving treatment for destructive addictive behavior.

Upon reflection of years of professional experience, I suggest that the addictive mentality of seeking more to avoid less radically requires embracing less to be more. Dare to Be Average is a relapse prevention invitation for clients and therapists alike to explore the value of every day common experiences in addiction and treatment to find personal growth. Probing commitment fractures and relapse failure in recovery is a process of mining meaningfulness and linking personal brilliance to average, every day recovery experience. Both addict and therapist alike can deepen personal brilliance with this altered approach to relapse prevention. Utilizing mindfulness and other centering techniques can be very helpful. Cultivating a skillset to finding a way back to center is often more valuable than hoping to never leave center in the first place. I hope to share how this approach can help client and therapist alike avoid pitfalls that accelerate addictive relapse and provide safety and sanctuary for both along a healing path from addiction.

*Participants will be able to teach clients to gain appreciation of commonplace life experience to resource relapse prevention brilliance. *CPSBT1d (for all objectives)*

Participants will be able to utilize community value in providing sanctuary, belonging and dignity in recovery for professionals and community alike.

Participants will be able to explain the pitfalls that professionals in the field may unwittingly contribute toward client relapse.



The Society for the Scientific Study of Sexuality
2021 ANNUAL CONFERENCE
NOVEMBER 18-21, 2021

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#SSSS2021





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12:30 PM-1:30 PM LUNCH RECEPTION - Exhibit Hall

1:30 PM-3:00 PM MID-DAY BREAKOUT

S FANNING THE FLAMES OF DESIRE: HOW TO TREAT LOW SEXUAL DESIRE AND DESIRE DISCREPANCY IN RELATIONSHIPS

Shira Olsen (90 minute session)



Sexual desire discrepancy, when one member of a couple experiences less sexual desire relative to their partner, is among the most common reasons couples seek therapy, yet it remains one of the most challenging issues for clinicians to treat. This is due to a myriad of reasons including the multifaceted nature of sexual desire, the numerous ways one can experience sexual desire, a lack of consensus on the definition of sexual desire, and the uncertainty as to the best treatment approach for low and mismatched sexual desire, including whether to target the individual or the relationship.

Complicating matters, evidence suggests that the presentation and experience of low sexual desire varies considerably across individuals, including difficulties in one's own ability to distinguish between desire and arousal. Indeed, with these complex factors at play, many clinicians struggle to know how to best approach the treatment of low sexual desire and sexual desire discrepancy in their clinical practice. This presentation will provide clarity on the best, evidenced-based practices for treating low sexual desire, and discuss strategies for mitigating sexual desire discrepancy in relationships. The different facets of sexual desire essential for clinical conceptualization, assessment, and intervention will be discussed, including the interplay of biological, psychological, interpersonal, contextual, and cultural factors. Attendees will learn factors that contribute to sexual desire, how to help clients differentiate between desire and arousal, and how desire is experienced as a physiological, cognitive, emotional, and interpersonal state. Considerations for conceptualizing sexual desire struggles after infidelity will also be discussed.

*Participants will be able to explain multiple ways in which individuals can experience sexual desire. *GHS4c (for all objectives)*

Participants will be able to describe factors that enhance and inhibit sexual desire.

Participants will be able to apply 3 intervention strategies for mitigating desire discrepancy in relationships.

S WAIT— ARE YOU TELLING ME I MIGHT BE "NORMAL"?

Mary Deitch and Bill Herring (90 minute session)



Often clients come into therapy with shame, confusion, and doubt around their sexuality & sensuality. As some clients tell their stories, the real issue becomes clearer; they find themselves somehow deviant because they believe that "culturally", no one else has the desires for the things they do. Therapy can be about education around what exactly is "normal", and maybe why "normal" doesn't even matter and how they can begin to lift themselves up out of shame. Using the PSB Framework, working with clients on understanding when their behaviors are indeed problematic is important. However, the deeper challenge arises when clients are asked to think about their behaviors in a different way. This talk will highlight many of the questions asked by clients over combined decades of "sex addiction" work, all summing up to, "am I normal?" Join us on a journey of discovering different fetishes & sensualities as we discuss what research and support exists about the continuum of sexual behaviors and how this can translate to clients. If you have ever had a client who, eyes down and concerned, asks, 'Why do I like that?', then this talk is for you!

*Participants will be able to describe different kinks and fetishes. *GHS3c (for all objectives)*

Participants will be able to discuss what sensuality is and how to help individuals express it.

Participants will be able to create talking points with their clients on how to understand individual sexuality.



courses that are applicable to the sash credentials have this symbol

GHS=General Human Sexuality Requirements, required for ALL credentials

CPST=Certified Problematic Sexual Behavior Therapist

CSRTT=Certified Sexual and Relational Trauma Therapist

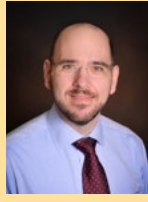
CSWT=Certified Sexual Wellness Therapist

CSOC=Certified Sexual Offender Clinician

1:30 PM-3:00 PM MID-DAY BREAKOUT

WORKING WITH PROFESSIONALS WITH PROBLEMATIC SEXUAL BEHAVIORS: CONSIDERATIONS FOR ASSESSMENT AND TREATMENT

Greg Futral and Leah Claire Bennett (90 minute session)



Treating professionals (e.g., physicians, lawyers, educators, clergy) within the behavioral health field often presents specific challenges for the practitioner, with a multitude of issues that can arise ranging from personality challenges to public welfare concerns. Professionals who exhibit problematic sexual behaviors, and in particular sexual boundary problems, are a particularly important subset to address from an evaluation and treatment perspective. This presentation will review key considerations from an assessment, treatment, and follow-up standpoint when working with professionals. It will address the nature of any presenting problematic sexual behaviors (e.g., compulsive sexual behaviors, paraphilic disorders) plus the presence of other factors (e.g., personality disorders, addictive disorders) that may impact the clinical picture. Important considerations with respect to interactions with and involvement of professional organizations such as licensing boards, health programs, and monitoring systems will be discussed alongside ethical issues that may need to be acknowledged.

Participants will be able to describe assessment and treatment implications for professionals with problematic sexual behaviors, including specifically sexual boundary issues, including differential diagnosis considerations.

**CPSBT1b or CSOCa*

Participants will be able to describe specific types of professional boundary crossings and violations, including methods for evaluation and intervention. *CSOCa

Participants will be able to create a treatment plan to address professional sexual boundary problems, including considerations for aftercare, return to work recommendations, professional monitoring, and ethical concerns. *CSOCb

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3:00 PM-3:30 PM BREAK - Exhibit Hall

3:30 PM-5:00 PM AFTERNOON BREAKOUT

COUPLED RECOVERY™: CONNECTING INDIVIDUAL & RELATIONAL RECOVERY
Laney Knowlton and Brian Martin (90 minute session)



When treating sex or love addiction, recovery paths for addicts and partners- regardless of gender- are often approached individually, each utilizing a different program. Relational counseling is frequently delayed or not included in the process outside of disclosure. Through the use of Coupled Recovery™, individual recovery programs currently used in the field of sex addiction and betrayal trauma treatment for addicts and partners can be connected. Coupled Recovery™ considers recovery from a three-phase approach: first establishing truth and safety, then building empathy and connection, and finally healing sexuality. Initially, this process focuses on creating a foundation upon which connection can be built. Individual and relational recovery is linked in middle and late recovery. Similarities between the addiction cycle and the trauma cycle help to establish a common language, building safety for partners and opportunities for addicts to create trust, without minimizing the partner's pain. Additionally, this approach allows the partner the opportunity to heal any underlying attachment issues and trauma.

Participants will be able to explain the similarities and differences between the addiction cycle and the trauma cycle in a way that maximizes emotional safety and the potential for connection between addicts and partners.

**CPSBT1d or CSRTT1c (for all objectives)*

Participants will be able to utilize a common language in both addict and partner recovery to build a foundation of trust without minimizing the partner's pain or the addict's responsibilities.

Participants will explain how Affect Regulation Theory is deeply intertwined with Attachment Theory.

Participants will be able to utilize specific steps to connect individual and relational processes for both addicts and partners in each phase of recovery.

SEX TALK: INVESTIGATING THE SEXUAL DEVELOPMENT AND SEXUAL ATTITUDES OF AFRICAN AMERICAN WOMEN

Chanel Marshall (90 minute session)



This highly engaging session will begin with a brief historical overview of the sexuality of African & African descendant women. The presentation will move into the myths, misconceptions, and stereotypes surrounding the sexuality of Black women. Attention will be given to the ways we learn about sex, and with that information, how we interpret sex and sexuality through our behaviors. This session is intended to be highly interactive with key discussion questions positioned throughout with the intent of examining the aforementioned subjects. The speaker will also include personal stories collected from interviews in order to engage a cross-cultural perspective with the audience.

Participants will be able to explain the history of Black sexuality starting in West Africa and into the Americas.

**GHS3d (for all objectives)*

Participants will be able to explain the "trickle down effect" and how it applies to generational education and trauma including an assessment of the myths and misconceptions surrounding Black women and sexuality.

Participants will be able to describe the gaps in sex education and elaborate on the themes that have emerged from the research.

The Trust Solution

A couple's guide to healing intimate betrayal



Merry Frons, PhD

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7:30 AM-8:30 AM BREAKFAST - Exhibit Hall

9:00 AM-10:30 AM PANEL - Lake Washington Ballroom

§ PRESIDENTS PANEL ON YOUTH

Allyson Kelly, Jenny Shields, Matthew Hedelius, Wilson Kenney and Floyd Godfrey (90 minute session)



Hear from our panel of experts as they discuss the growing body of evidence on how to help youth who present with problematic sexual behaviors including research, treatment and environmental factors contributing to this population. Meet leaders from the National Center on the Sexual Behavior of Youth, the SASH President, and treatment providers.



Participants will be able to describe problematic sexual behavior in youth.

**CPSBT1c (for all objectives)*

Participants will be able to describe one difference when working with adolescents vs adults.

Participants will gain an understanding of the impact of early onset of sexual behavior in youth.

10:30 AM-11:00 AM BREAK - Exhibit Hall

11:00 AM-12:30 PM MORNING BREAKOUT

§ CHILDREN WITH PROBLEMATIC SEXUAL BEHAVIOR: WHO ARE THEY AND HOW CAN WE HELP?



Jenny Shields (90 minute session)

Problematic sexual behavior in children and youth (PSB-CY) are defined as youth initiated behaviors that involve the use of sexual body parts (i.e., genitals, anus, buttocks, and/or breasts) a manner that is developmentally inappropriate and potentially harmful to themselves or others (Chaffin et al., 2006). These behaviors are a substantial public health concern as greater than one third of all child sexual abuse cases are committed by other youth (Finkelhor, Ormrod, & Chaffin, 2009). Therefore, it is essential that these children be appropriately identified and responded to in order to promote child well-being, community safety, and prevent future incidence of child sexual abuse. Unfortunately, misinformation regarding youth PSB-CY is rampant, and many in the community hold inaccurate beliefs regarding their safety and likelihood for recidivism. Therefore, this presentation will provide an overview of youth with PSB-CY including ways to distinguish typical from problematic sexual behavior, origins, risk and protective factors, as well as facts that dispel common myths about this population. Further, participants will learn about available outpatient, community based treatment as well as ways professionals in their community can help.

Participants will be able to explain typical versus problematic sexual behavior in children.

**CPSBT1e or CSOC1biii (for all objectives)*

Participants will be able to differentiate between common misconceptions regarding children with sexual behavior problems and what is supported by research.

Participants will be able to create strategies for how to educate and engage professionals across disciplines to better serve children with problematic sexual behavior, their child victims, and their caregivers.

11:00 AM-12:30 PM MORNING BREAKOUT


PROBLEMATIC SEXUAL BEHAVIOR OF YOUTH IN THE SCHOOLS
Wilson Kenney (90 minute session)


We are at a time when schools have become the primary access point for social services for most children and families. Schools are tasked with helping children receive medical care, mental health services, food and sustenance, as well as education. Schools are the places where children spend most of their time, and it is commonly the environment in which they receive greatest supervision and focused attention from adults. As such, schools are often the first to identify problems of aggression, mental illness, and sexual problematic behavior in children, and they need a systematic methodology for understanding how best to respond to these concerns when they arise, so that children who need help can receive the appropriate level of care, supervision and support, with a mind toward protecting the reputations of all children while being thoughtful to safety and equity. During this training, participants will learn about a multidisciplinary team approach designed to identify children with problematic sexual behavior and provide them the supervision and resources they need so that they can participate in school and community activities safely.

*Attendees will be able to describe the depth and breadth of the problems schools and communities are facing in attempting to meet federal guidelines by providing free access to public education (FAPE) for children with sexually concerning behavior while also being mindful of Title IX, special education concerns and equity. *CSOCf*

*Attendees will be able to list cost effective strategies for identifying and addressing problematic sexual behavior in school. *CSOCbiii*

*Attendees will be able to describe a systematic school-based approach to identifying and addressing sexually concerning behavior in schools that can be applied across rural and urban settings with children K-12 with mindfulness to equity. *CSOCbiii*


BUILDING THRIVING RELATIONSHIPS BEYOND BETRAYAL
Matthew Raabsmith, Dan Drake and Joanna Raabsmith (90 minute session)


Couples seeking restoration for marriages that have been damaged by problematic sexual behaviors, infidelity, or betrayal want to know and follow the right path/timing for relational healing. Unfortunately, most clinical recovery efforts have remained overly individually focused and disconnected from the rebuilding work of the relationship. This presentation will introduce "The Intimacy Pyramid" model, which clinicians can utilize as a guide for navigating couples who are seeking to restore healthy connection expressed as emotional, physical, and relational intimacy. This model utilizes the strategic components: Honesty, Safety, Trust, Vulnerability, and Intimacy. Each phase offers practical steps for support professionals to balance both individual work and relational restoration. "The Intimacy Pyramid" model is designed to be flexible enough to be introduced at various stages of rebuilding, while offering a specific structured order that provides a clear path for redeeming couple intimacy after betrayal. This approach appropriately values the trauma experience of the partner and locates the healing for both individuals within the relationship, facilitating a faster recovery time. Couples who understand early the full nature of the destruction, how to appropriately repair the damage, and which practices are essential to creating a thriving relationship produce the greatest outcomes of success. This presentation will include how each phase is properly addressed in a post-betrayal relationship and the appropriate tools within each phase. The benefits of this model are that it gives a clear path of hope for couples early in recovery and provides a simple framework for professionals walking with clients through the reconciliation process.

*Attendees will be able to write a well-crafted treatment plan for clients that assists them in rebuilding relational intimacy after the damaging effects of sexual addiction, infidelity, and betrayal. *GHS4a (for all objectives)*

Attendees will be able to utilize specific interventions around issues of honesty, safety, trust, and vulnerability as they are applicable to counselees and can be incorporated into an overall treatment plan.

Attendees will be able to name the levels of treatment and counseling strategies/tools to incorporate when building relational intimacy and assess a couple's progress towards their desired goal of intimacy.



**courses that are
applicable to the
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GHS=General Human Sexuality Requirements, required for ALL credentials

CPSBT=Certified Problematic Sexual Behavior Therapist

CSRTT=Certified Sexual and Relational Trauma Therapist

CSWT=Certified Sexual Wellness Therapist

CSOC=Certified Sexual Offender Clinician

12:30 PM-2:15 PM 2021 SASH AWARDS LUNCHEON**Joshua Grubbs (90 minute session)**

Dr. Joshua B. Grubbs, PhD., is an associate professor at in the Clinical Psychology PhD program at Bowling Green State University where he studies the psychology of addiction, personality, and religion, with a particular focus on how self-perception and sociocultural factors influence the experience and expression of addictive behavior

2:30 PM-4:00 PM PLENARY SESSION**THE SILENT CONVERSATION: EXAMINING EROTIC TRANSFERENCE AND COUNTERTRANSFERENCE DURING SEXUALITY COUNSELING****Erica Sarr (90 minute session)**

One of the major aspects of therapy that trainees cannot truly understand until they begin working with clients is how powerful transference and countertransference can be. Unless a therapist has specifically trained in the area of human sexuality, they are even further unprepared for the nuances of erotic feelings that can arise during difficult work. Therapists planning on having large parts of their practice focused on sexuality are even more likely to have this be a regular part of sessions and supervision. However, while most therapists are aware that they should be able to discuss such issues in supervision and potentially in their own personal therapy, that is easier said than done. It is easy to fear judgement from peers, accusations of not managing a session properly, anger from a rejected client, and shame around one's own erotic feelings. This session will examine aspects of erotic transference and countertransference from three different lenses: the therapist, the supervisor, and a therapist of a therapist. Each of these roles can be critical in not only helping countertransference to be successfully resolved for the good of the client, but also to build towards increasing acceptance of exploring a challenging subject for supervisees and colleagues.

Participants will be able to list situations where they might most expect to experience erotic countertransference.

**GHS5a (for all objectives)*

Participants will be able to list 3 strategies for managing erotic countertransference.

Participants will be able to rate their professional comfort recognizing and addressing erotic transference in session and in supervision.

Participants will be able to list 3 questions to asking supervisees around erotic countertransference and transference.

Participants will be able to list 3 fears/ beliefs they have around sharing instances of erotic countertransference with supervisors or colleagues.

4:10 PM-5:40 PM AFTERNOON BREAKOUT**ETHICAL TREATMENT FOR ADOLESCENT MALES WITH COMPULSIVE SEXUAL BEHAVIOR****Floyd Godfrey and Matthew Wheeler (90 minute session)**

This workshop will describe intervention methods, assessments and ethical policies in regards to the treatment of adolescent males with sexually compulsive behavior. The developmental and social needs of adolescence present additional challenges and ethical considerations for intervention. The etiology of compulsive sexual behavior in adolescents has shifted over the past 20 years. The transference which youth bring into the clinical setting can make a therapist feel like they're walking into an emotional minefield. This workshop will provide an overview of ethical guidelines and key components to successful intervention and ethics. We will discuss developmental issues that show up in counseling, and provide suggestions for navigating through it. A question/answer period will be provided at the end for further discussion.

Participants will be able to discuss basic ethical considerations of treatment for adolescent males.

**CPBST1e (for all objectives)*

Participants will be able to select intervention strategies which differ from adults.

Participants will be able to apply effective interventions methods in current practice.



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4:10 PM-5:40 PM AFTERNOON BREAKOUT

POLICIES AND PRACTICES ACROSS PROFESSIONS IN ADDRESSING THE PROBLEMATIC SEXUAL BEHAVIOR OF YOUTH

Allyson Kelly and Jenny Shields (90 minute session)



We know that youth account for more than one-third of child sexual abuse offenses known to authorities. These child-on-child sexual abuse offenses, also known as "problematic sexual behaviors" (PSB), demand the attention of professionals from a wide variety of disciplines. Policies and practices drive how communities and professionals respond to PSB in youth. Unfortunately, many federal policies and state or local practices are not informed by evidence—many are informed by emotions, scare tactics, and a perceived risk of harm. This creates situations where youth with PSB do not receive adequate care and victims and families are left with limited resources and support for healing. This session will overview the federal policies related to youth PSB and examine the types of evidence used to create them, if any. The need for federal policies that are developmentally appropriate, supported by evidence, least restrictive, and minimize false assumptions will be discussed. Session attendees will leave with a more robust understanding of the need for evidence-informed policies and practices so that all youth and families can live a full and complete life, off the registries, free from criminal records, and without the shame of being called a predator, child molester, or deviant.

Participants will be able to describe the five types of evidence used to create federal policies and practices.

**CSOC1f (for all objectives)*

Participants will be able to discuss the impacts of two federal policies, the Sex Offender Registration and Notification Act (SORNA) and the Jacob Wetterling Crimes Against Children and Sexually Violent Offender Registration Act, 42 U.S.C. § 14071, as they relate to youth with problematic sexual behavior.

Participants will be able to list three major efforts that are currently being developed to promote evidence informed policies for youth with problematic sexual behavior.

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A photograph of a man with grey hair carrying a woman piggyback on a sandy beach. The man is smiling and looking towards the camera, while the woman is laughing and looking away. They are both dressed in casual, light-colored clothing. The background shows a beach with waves and some buildings in the distance.

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Willow House at The Meadows — Created by clinical architect Dr. Stefanie Carnes for women who struggle with complex relationship and intimacy disorders, including sex and love addiction, and trauma and co-occurring conditions.

CONFERENCE PRESENTER

Erica Sarr, PsyD, MEd, BCB, CSAT-S
Executive Director, Gentle Path at The Meadows
and Willow House at The Meadows



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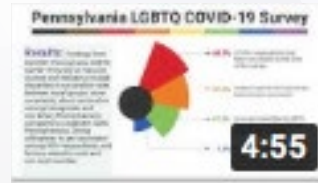
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SASH IS EXCITED TO ANNOUNCE THE AWARDS WINNERS FOR BOTH 2020 AND 2021

As we were unable to toast our 2020 award winners in person due to COVID-19, we are honoring them together with our 2021 award winners. Please join us in celebrating these wonderful contributors to our field!

SASH MERIT AWARD

This annual award is given to a member of SASH who has made exceptional contributions to the organization. The SASH Merit award was first given in 2001 at the SASH Conference in San Diego



The 2020 SASH Merit Award is given to Steve Southern, EdD

For contributions to SASH as a member of the Board of Directors and long term Editor of SASH's Sexual Addiction & Compulsivity: The Journal of Prevention &

Treatment. In addition to his many contributions to SASH he is licensed as a professional counselor, marriage and family therapist, and psychologist, and has over three decades of clinical experience in marital, couple and family therapy. He has also served as editor of The Family Journal: Counseling and Therapy for Couples and Families. He is a fellow in the American Counseling Association.



The 2021 SASH Merit Award is given to Ken Wells, MDiv, MA, LPC, CSAT, LSAC

For contributions to SASH in his personal investment to the field, development of other professionals as well as high quality ethics and

equality. Ken is known as one of the senior therapist at PCS, he has 25 years of experience in treating sexual addiction and sex offender behavior. He has experience at all levels of providing family treatment around the impact of addiction and conduct workshops on sexual addiction, shame reduction and spirituality.

THE CARNES AWARD

This award was first given in 1995 to Dr. Patrick Carnes in acknowledgement of his research and publishing contributions to the field of sex addiction, as well as his efforts in founding SASH (formerly known as NCSAC). This award, named in his honor, is now given annually to recognize an individual who has made outstanding contributions to the field of problematic sexual behavior.



The 2020 Carnes Award is given to Michael Seto, PhD.

Dr. Seto is Director of Forensic Mental Health Research at the Royal Ottawa Health Care Group. He has dual appointments as Associate Professor of Psychiatry (Faculty of Medicine) and the Psychology Department (Faculty of Social Sciences) at the University

of Ottawa. He has appointments at three additional universities: the University of Toronto, Ryerson University, and Carleton University. With a commitment to translate research into practice, his two major lines of research have focused on (1) paraphilias and sexual offending, and (2) mentally disordered offending, violence risk assessment, and forensic program evaluation. He serves as the Editor-in-Chief of the journal Sexual Abuse. Dr. Seto has published extensively on pedophilia, sexual offending, and mentally disordered offenders, and regularly presents at scientific meetings and professional workshops on these topics. He has written well-reviewed books on pedophilia and sexual offending against children (2008) and on internet sex offenders (2013), both published by the American Psychological Association.



The 2021 Carnes Award is given to Bill Lennon, EdD, LMFT, LMHC, SOTP, CSAT-S

For his many years of treatment in the sexual addiction arena, and for his contributions in writing. He has worked specifically with adjudicated sex offenders, and has led efforts in the state of Washington to influence legislators in the adjudication and treatment of sex

offenders. Dr. Bill Lennon is a Washington State Licensed Marriage and Family Therapist, Licensed Mental Health Counselor, and Washington Stated Certified Sex Offender Treatment Provider. He is also trained in Lifespan Integration. Dr. Lennon has 29 years experience working in the field of compulsive sexual behavior, specializing in the treatment of individuals, couples, and families whose lives have been impacted by the disease of sexual addiction. As a nationally Certified Sex Addiction Therapist and Supervisor, Bill has been trained by Dr. Patrick Carnes, Ph.D., through the International Institute for Trauma and Addiction Professional (IITAP). Through the years, Dr. Lennon has founded programs for drug addicted and troubled youth and established a 72-hour foster home program. He has three adopted children and has provided care for many foster children over the years. Bill has taught graduate level classes in counselor education and directed Chapman University's Community Clinical Psychology program for 15 years. He presents workshops on various topics including team building and the prevention of sexual misconduct. He has been a guest on local and national television and radio programs and has received numerous professional honors throughout the years, including Who's Who in America for his leadership achievements in the area of community service

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SASH RESEARCH AWARD

This annual award is given to an individual who has made an exceptional research contribution to the field of sexual health and problematic sexual behavior. The first award was given in 2004 posthumously to Dr. Alvin (Al) Cooper



The 2020 SASH Research Award is given to Josh Grubbs, PhD

For his scholarship in the field of sexual health and compulsive sexual behavior. Dr. Grubbs is an Assistant Professor in the APA Accredited Clinical Psychology Ph.D. program at Bowling Green

State University. His research falls primarily into three domains: the scientific study of addiction, personality, and religion (particularly as it relates to addiction and personality). Within the past two years his research has been published in *The Journal of Abnormal Psychology*, *The Journal of Sex Research*, *The Journal of Sexual Medicine*, *Psychology of Addictive Behaviors*, *Journal of Behavioral Addictions*, and *SASH's Sexual Addiction & Compulsivity: The Journal of Prevention & Treatment*.



The 2021 SASH Research Award is given to Beata Bothe, PhD

For her contributions in the research of problematic pornography use and as primary investigator for several large scale sex studies internationally. Dr. Beáta Bóthe

currently works at the Université de Montréal. She focuses on problematic and non-problematic pornography use, and compulsive sexual behaviors. She also works on a problematic pornography use reduction intervention program. She is passionate about research of behavioral addictions and is particularly interested in the role of social and situational factors that could lead to the development of behavioral addictions.

SASH MEDIA AWARD

This annual award is given to an individual(s) or organization that has helped promote the understanding of sexual health or problematic sexual behavior through a book, video, software development or other technological advancement



The 2020 SASH Media Award is given to Emily Nagoski, PhD

For her New York Times bestselling book *Come As You Are* and *The Come As You Are Workbook*. Dr. Nagoski is Wellness Education Director and Lecturer at Smith College,

where she teaches Women's Sexuality. She has a PhD in health behavior with a doctoral concentration in human sexuality from Indiana University, and a master's degree in counseling, with a clinical internship at the Kinsey Institute Sexual Health Clinic. She has taught graduate and undergraduate classes in human sexuality, relationships and communication, stress management, and sex education.



The 2021 SASH Media Award is given to Laurie Mintz, PhD

For her book *Becoming Cliterate: Why Orgasm Equality Matters and How to Get it*. Dr. Mintz is a Professor at the University of Florida where she teaches Human Sexuality to hundreds of under-

graduates yearly. She has published over 55 academic works. She is the author of two popular press books –both with published studies demonstrating their effectiveness: *Becoming Cliterate: Why Orgasm Equality Matters and How to Get It* and *A Tired Woman's Guide to Passionate Sex*. Mintz has a private practice, working with clients on general and sexual issues. She is a Fellow of the American Psychological Association, indicating that her work has had a positive national influence on the field of psychology.

7:30 AM-8:30 AM BREAKFAST - *Exhibit Hall*

8:00 AM-9:30 AM MORNING BREAKOUT

HAVING SEX OR MAKING LOVE?**Patrick Hentsch (90 minute session)**

This presentation offers a graphical representation of polar distinctions that clarify functional and motivational differences between "having sex" and "making love". It is a useful visual model for distinguishing between principles of sexual activities that are potentially addictive compared to principles of sexual activity that foster relational intimacy. It is the result of the presenter's clinical work with recovering sex addicts who typically, in later stages of recovery, find a dearth of clear guidance regarding the elusive but vitally important concept of "healthy (i.e. non-addiction prone) sexuality".

Describe the difference between "having sex" and "making love" in terms of emotional motivation.

Describe the difference between "having sex" and "making love" in terms of relational outcome.

Describe the difference between "having sex" and "making love" in terms of addictive potential.

HELLO DARKNESS MY OLD FRIEND - ADDRESSING SHAME AND ADDICTION IN THE PURSUIT OF WELLNESS**Marc Pimsler (90 minute session)**

As a universal experience, shame can be looked at as a gatekeeper to wellness. Shame has the power to color the filters through which we experience the world. This is not only true of our clients but is also true for us as helping professionals. Participants will look at the developmental process of shame and how the powerful experience of shame impacts active addiction and treatment well as active recovery. Shame can be one of the largest obstacles to recovery and yet we have not had many tools for addressing it. In this workshop participants will gain a better understanding of how to frame shame as well as address it. Participants will review current research surrounding shame and shame resilience. Participants will receive experiential group and individual ideas to address shame in clients in the context of substance use disorder treatment.

Participants will be able to discuss both shame and guilt from a neurocounseling perspective.

Participants will be able to apply education/treatment around shame and addiction.

Participants will gain tools in addressing shame in the context of substance use disorder treatment.



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GHS=General Human Sexuality Requirements, required for ALL credentials

CPSBT=Certified Problematic Sexual Behavior Therapist

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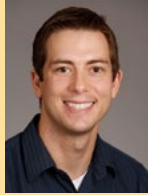
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9:45 AM-11:45 AM PANEL - Lake Washington Ballroom

HOT OR BOTHERED?: CLINICAL AND RESEARCH PERSPECTIVES ON PROBLEMATIC PORNOGRAPHY USE

Shane Kraus, Beata Bothe, Mateusz Gola, Joshua B Grubbs and Brian Willoughby
(120 minute session)



This 2 hour panel discussion will feature leading scholars who hold clinical and research expertise in the study of problematic pornography use. Speakers will discuss recent advancements in the diagnostic measurement of problematic pornography use, its shared neurobiological underpinnings with other addictive behaviors, the moral incongruence model of pornography, and how individual and couple pornography use complicates modern patterns of intimacy among romantic couples.

*Participants will be able to recite an overview of recent advancements and challenges in assessing problematic pornography use. *GHS2f or CPSBT1a*

*Participants will be able to express a better understanding of the role of pornography use frequency in problematic pornography use. *GHS2f or CPSBT1a*

*Participants will be able to explain the neural mechanisms shared across substance and behavioral addictions. *GHS2f or CPSBT1a*

*Participants will be able to describe how the brain reacts to sexual and pornographic cues. *GHS2f or CPSBT1a*

*Participants will be able to explain the moral incongruence model of pornography related problems and discuss how it differs from traditional dysregulation models. *GHS2f or CPSBT1a*

*Participants will be able to define the ways in which the sociocultural context of pornography use influences the effects of pornography on the individual. *GHS2f or CPSBT1a*

*Participants will be able to articulate how individual and couple pornography use complicates modern patterns of intimacy among romantic couples. *GHS2f or CPSBT1a*

*Participants will be able to describe how both individual and couple pornography use is related to adult relationship quality and well-being. *GHS2f or CPSBT1a*

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12:00 PM-1:00 PM TOWN HALL RECEPTION LUNCH**1:00 PM-2:30 PM MID-DAY BREAKOUT****S LOVE IN A TIME OF PANDEMIC****Tanisha Ranger (90 minute session)**

In 2020 a global pandemic hit and the effects on everyday life have been varied and far-reaching. People have struggled financially, emotionally, and relationally in ways not seen in this country in nearly 100 years. While the economic strain has been high on the list of focus areas, the impact of COVID-19 on intimacy and sexuality has received less attention than it deserves. In this workshop, the impact of a pandemic on individuals' ability to maintain sexual health will be discussed.

*Participants will be able to identify/enumerate three specific areas of sexuality impacted by the pandemic. *GHS2a*

*Participants will be able to describe three pandemic-associated factors that impact opportunities to engage in sexual activity, either solo or partnered. *GHS2a*

*Participants will be able to implement one form/type of intervention that may help clients to feel better equipped to manage intimacy and sexuality in a time of pandemic. *GHS2a*

S CRAVING INTENSITY: STIMULANTS, SEX, AND THE SEARCH FOR CONNECTION**David Fawcett (90 minute session)**

Compulsive behaviors dissociate the user from uncomfortable feelings, numbing emotional pain while creating complications and consequences. But stimulants, especially when combined with sex, also fuel a desire for intensity and connection. Combining stimulants and sex dissociates the user from low self-worth, shame, and other inhibitions while boosting arousal, a sense of invincibility and high-risk sex. Providing skills to manage the lower intensity of recovery is essential, along with helping the client develop a sense of compassion for themselves. This workshop reviews strategies to recognize emotional triggers, improve affective regulation, and manage & re-differentiate fused behaviors, all of which are essential for recovery in tandem with the restoration of healthy intimacy.

*Participants will analyze the relationship between the nature and role of intensity in the addictive cycle. *GHS2c or CPSBT1c*

*Participants will compile specific clinical techniques that help clients understand and manage the role of intensity in their addiction and recovery. *GHS2c or CPSBT1c*

*Participants will demonstrate knowledge of the relationship between stimulant use, high-risk sex, and the negative impact on healthy connection and intimacy. *GHS2c or CPSBT1c*

2:30 PM-2:45 PM BREAK (SNACK)

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CSRTT=Certified Sexual and Relational Trauma Therapist

CSWT=Certified Sexual Wellness Therapist

CSOC=Certified Sexual Offender Clinician

2:45 PM-4:14 PM AFTERNOON BREAKOUT

FROM PLAYBOY TO ONLYFANS: HOW PORNOGRAPHY HAS CHANGED CHANGED OVER THE LAST HALF CENTURY



Matthew Hedelius (90 minute session)

Since Hugh Hefner first published the first issue of Playboy in 1953, much has changed regarding who is modeling for, accessing and producing pornography. This presentation will examine how pornography has changed since 1953 including how it is produced, marketed and accessed. It will also present an in-depth look at how age and gender factors are impacting who is modeling for and viewing pornography. Specific modalities of accessing pornography will be discussed - from magazines to online platforms such as Pornhub and Nude Tube to amateur and consumer driven apps such as Onlyfans and Justforfans. We will also examine implications for clinical practice when working with individuals with problematic pornography use. How might today's pornography be different? Does it impact the brain differently or similarly? Can it be addictive? How might it affect a couple's relationship when one or both partners use pornography? Specific research will be presented that will lend insight into these questions. We will also examine possible high-risk factors that an increased accessibility may have upon children and developing adolescents.

*Participants will be able to discuss how the pornography industry has changed since the first issue of Playboy to the present time. *GHS3d*

Participants will be able to describe and speak about how the models, producers and consumers of pornography have change since 1953.

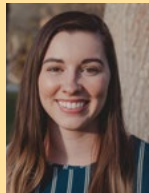
Participants will be able to explain what specific research states about how pornography may impact individuals and couples. GHS3e

Participants will be able to assess how these research findings impact clinical practice and how to incorporate them in the clinical work they do. GHS5b

Participants will be able to identify how the current state of pornography may increase the risk of children and adolescents in developing problematic sexual behaviors. GHS3e

COMPULSIVE SEXUAL BEHAVIOR DISORDER IN ICD-11: CLINICAL RECOMMENDATIONS FOR TREATMENT SEEKING CLIENTS

Shane Kraus, Kaelyn Griffin, and Bailey Way (90 minute session)



In 2019, the World Health Organization recognized that Compulsive Sexual Behavior Disorder (CSBD) is an important clinical problem by including it in the forthcoming International Classification of Disease, Eleventh Revision (ICD-11). Clients struggling with CSBD often experience profound consequences if left untreated, including negative effects on mental and physical health as well as causing impairments in their relationship and occupational functioning. CSBD is characterized by repetitive sexual activities that become a central focus of the person's life to the point of neglecting health and personal care or other interests, activities and responsibilities, despite adverse consequences (e.g., repeated relationship disruption, occupational consequences, negative impact on health) and often despite numerous attempts to stop (Kraus et al., 2018). This workshop will discuss the diagnostic criteria of CSBD, review current gaps in the field, discuss assessment measures for CSBD and problematic pornography use (Kraus et al., 2020), plus treatment recommendations for clients seeking help for CSBD (e.g., psychotherapy, pharmacotherapy). Clinical vignettes and intervention strategies will be discussed and modeled for attendees. Lastly, we will discuss current challenges for CSBD research and where new work is needed to improve diagnostic accuracy of CSBD diagnosis among clinical and nonclinical populations. The public health implications of treating CSBD will be discussed as it particularly pertains to increasing access to healthcare for underserved and vulnerable group.

*Participants will be able to discuss the diagnostic criteria for compulsive sexual behavior disorder (CSBD) for ICD-11. This will cover differential diagnosis considerations for clinicians when working with treatment seeking clients. *GHS2f or CPSBT1b*

*Participants will be able to review and practice and use current assessment tools for CSBD (including problematic pornography use). *GHS2f or CPSBT1b*

*Participants will be able to discuss and current treatment interventions (including strategies) for CSBD when working with diverse clients with an emphasis on utilizing approaches from relapse prevention. *CPSBT1c*

4:15 PM-4:30 PM BREAK



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4:30 PM-6:00 PM EVENING BREAKOUT

THE IMPACT OF DISENFRANCHISED GRIEF AND SELF DISENFRANCHISED GRIEF ON THE TREATMENT SEX ADDICTION



Jessica Lamar and Marcus Earle (90 minute session)

The presentation will specifically address the impact of disenfranchised and self-disenfranchised grief on those suffering from sexual addiction and betrayal trauma. The presentation will identify empirically based interventions to utilize in practice. Non-death losses are not typically recognized and acknowledged by others as grief despite intense physical, psychological and emotional consequences.

Disenfranchised grief can be related to serious mental health concerns such as substance use or depression and may impede grief resolution. The grieving individual may not feel deserving to pursue informal or formal support for their distress. This can lead to self-disenfranchised grief & shame, and limit the individual from progressing in treatment. Awareness of disenfranchised grief and its relevant interventions are essential to those in the mental health field, specifically those working with process addictions.

*Participants will be able to analyze a minimum of three processes in which a sexual addict and betrayed partner experience disenfranchised grief. *CPSBT1c or CSRTT1c*

*Participants will be able to list a minimum of three observable self-disenfranchised statements and behaviors made by clients and identify appropriate interventions in the moment. *CPSBT1c or CSRTT1c*

*Participants will be able to list and identify culturally appropriate and relevant grief interventions for ambiguous losses and disenfranchised grievers. *CPSBT1c or CSRTT1c*

DISTRESS QUADRANTS FOR ASSESSING AND TREATING PROBLEMATIC SEXUAL BEHAVIORS



Adam Moore and Dan Solen (90 minute session)

Therapy clients who present for treatment of compulsive sexual behaviors have different needs and require a tailored approach to maximize treatment effectiveness. We present a Distress Quadrant model that categorizes individuals on two axes of distress: 1) distress caused by external consequences related to their actions, and 2) distress related to the gap between their internalized values and their behaviors.

Assessment of clients' positioning across the four quadrants helps clinicians create treatment plans that are adapted to client needs. Rather than assuming that all clients need behavior modification, interventions in this model can include perception management, increasing distress tolerance, values confrontation and clarification, behavior change, trauma intervention, or any combination of those options. Therapy clients are treated individually with a wider range of treatment options than some traditional models allow.

*Participants will be able to assess therapy clients using the Distress Quadrant model, indicating which external and internal distress predictors determine the reasons a client is presenting in therapy. *CPSBT1c*

*Participants will apply the Distress Quadrant model to clinical treatment planning to determine the best clinical interventions for each therapy client. *CPSBT1c*

*Participants will analyze case studies to practice utilizing the model to create optimized and evolving treatment plans based on client changes throughout the therapy process. *CPSBT1c*



courses that are applicable to the sash credentials have this symbol

GHS=General Human Sexuality Requirements, required for ALL credentials

CPSBT=Certified Problematic Sexual Behavior Therapist

CSRTT=Certified Sexual and Relational Trauma Therapist

CSWT=Certified Sexual Wellness Therapist

CSOC=Certified Sexual Offender Clinician

4:30 PM-6:00 PM EVENING BREAKOUT

RECOVERY FROM COMPULSIVE SEXUAL BEHAVIOR: THE ROLE OF COUPLE SEXUALITY AND EROTICISM



Barry McCarthy (90 minute session)

Confronting compulsive sexual behavior is crucial, but not enough. For married and partnered men, involving the partner is therapeutic. The focus is on developing a new couple sexual style which integrates intimacy and eroticism. The new mantra in the sexuality field is desire/pleasure/eroticism/satisfaction. The four-session assessment model begins with a couple session to reinforce that intimacy and sexuality is a couple issue. The second and third sessions explore individual psychological/relational/sexual histories which include assessing for but not limited to compulsive sexual behavior. The fourth session is a 90-minute couple feedback session which reinforces that the prime responsibility for confronting and changing compulsive sexual behavior lies with the man. The role of the partner is to be his ally; she cannot do it for him nor should she be in the role of detective and she should certainly not to shame him. The couple focus is on creating a couple sexual style (usually the Complementary sexual style) which honors each person's "sexual voice" while being an intimate sexual team. The key to healthy couple sexuality is the integration of intimacy, pleasure, and eroticism. Creating new erotic scenarios and techniques is crucial in developing a new approach to couple sexual vitality and satisfaction. This therapeutic approach emphasizes developing an individualized relapse prevention plan to ensure gains are maintained and generalized.

Participants will be able to implement the 4 session assessment model for individual and couple sexuality. *GHS4a

Participants will be able to create erotic scenarios and techniques for couples to use for satisfying couple sexuality. *GHS4a

Participants will be able to demonstrate how to help the couple integrate intimacy, pleasuring, and eroticism. *GHS4a



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A NEW MODEL OF HEALTHY MALE SEXUALITY

Barry McCarthy (90 minute session)



The traditional approach believed that male sexuality is dominant, testosterone-driven, and simple. It is female sexuality which is mysterious and complex. In reality, male sexuality is complex with multiple roles, meanings, and outcomes. This workshop will utilize the psychobiosocial model of understanding, assessing, and changing male sexual attitudes, behavior, emotions, and values. We will confront male sexual myths which focus on power/control and perfect performance. The core dimensions of this new model of male sexuality are:

1. Pleasure-orientation-not performance demands
2. Good Enough Sex (GES) -not perfect individual performance
3. Female-Male Sexual Equity- not double standard
4. Couple Sex Therapy with woman as intimate and erotic ally-not individual therapy
5. Self-Acceptance with Vulnerabilities-not the man in total control
6. Value Sensual, Playful, and Erotic Scenarios-not sex=intercourse

The workshop will address a new approach to assess and treat male sexual dysfunction-premature ejaculation, erectile dysfunction, hypoactive sexual desire, and ejaculatory inhibition. In addition, we will confront problems of toxic male sexuality-rape, child sex abuse, incest, sexual coercion, and sexual intimidation.- Our approach is pro-male, pro-couple, and pro-sexuality but is not "shaming". We explore value laden issues of erotic fantasies and porn, the gender split between intimacy and eroticism, issues of sexual orientation, sexuality and aging, and clinician's professional and personal values.

Participants will be able to implement a pleasure-orientation vs. perfect performance approach to male and couple sexuality.

**GHS3bor3d*

Participants will be able to explain a pro-male, pro-sex approach to confronting toxic sexuality without shaming the man.

**GHS3bor3d*

*Participants will be able to utilize the Good Enough Sex (GES) model of male sexuality and drop the perfect erection and intercourse model. *GHS3bor3d*

Participants will be able to describe the traditional double standard and replace it with the female-male sexual equity model.

**GHS3bor3d*

*Participants will be able to create a treatment plan understanding the pleasure-orientation model. *GHS3f*

*Participants will define sexuality as involving sensual, playful, and erotic scenarios in addition to intercourse. *GHS3f*

*Participants will be able to explain that male self-acceptance includes recognizing vulnerabilities rather than demanding the man always be powerful and in control. *GHS3b or 3d*

*Participants will describe the range of sexual roles, meanings, and outcomes. *GHS3b*



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SASH ANNUAL CONFERENCE CONTINUING EDUCATION INFORMATION

SATISFACTORY COMPLETION

SASH is committed to providing quality education to professionals and is proud to offer up to 21 hours of continuing education for the annual conference and 4 hours of continuing education for the post conference. Not all sessions are approved by all accrediting bodies.

To provide a certificate of completion, registrants must adhere to the following requirements:

- 1). You need to be registered for the conference
- 2). Attend each session and attended in its entirety
- 3). Complete an evaluation for each session attended

CEs are only given for sessions that were attended in full. If you arrive late (10 min) or leave early (10 min) you will not have met the continuing education awarding requirements to receive CE credit. To remain in compliance with our accrediting organizations, we cannot award credits for unattended sessions, partial credit (sessions that were joined late or early departures of 10 minutes or more) or add sessions post-event.

A link will be sent to your email when evaluations are ready. Once evaluations have been completed you will have access to print your certificate of completion. This process usually begins within 1 week of the conference.

Please note that you will not be able to access the portal to complete your evaluation (and therefore obtain CE's) after December 31, 2021.

SASH is proud to provide the following continuing education to our attendees. NOTE: If you are seeking continuing education credit for a specialty not listed below, it is your responsibility to contact your licensing/certification board to determine course eligibility for your licensing/certification requirement.

PSYCHOLOGISTS - approved for up to 25 Credit Hours



The Society for the Advancement of Sexual Health is approved by the American Psychological Association to sponsor continuing education for psychologists. Society for the Advancement of Sexual Health maintains responsibility for this program and its content.

SOCIAL WORKERS



This program is Approved by the National Association of Social Workers (Approval # 886658777-9587) for 25 continuing education contact hours.

Society for the Advancement of Sexual Health (SASH) is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0277.

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The certification is consistent with the SASH mission of promoting sexual health.



Contact The Society for the Advancement of Sexual Health to learn more:

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SEXUAL HEALTH

LEAH CLAIRE BENNETT, PhD

Dr. Leah Claire Bennett is a licensed psychologist with Pine Grove Behavioral Health & Addiction Services, where she serves as the organization's Clinical Operations Director and oversees its professionals treatment programs and tracks.

RICHARD BLANKENSHIP, LPC, NCC, CPCS, CBTS, CSRRS, CPSBT, CSRTT

Richard Blankenship is the clinical and administrative director for the Capstone Center for Counseling, DBT & Relational Trauma and the Capstone Center for Sexual Recovery & Transformation; a program for male addicts, female addicts, spouses/partners of sex addicts, couples in recovery, and services for children & adolescents. Richard is one of the founders of the Association for Partners of Sex Addicts Trauma Specialists (APSATS) where he served for over 4 years. Richard is a frequent guest on Atlanta area radio & television programs dealing with sexual addiction, spouses/families of addicts, and domestic violence. He is the author of the LIFE Guide for Young Men, and a Journey Through Secrets. He is the co-author of Spouses of Sex Addicts: Hope for the Journey (book & workbook) and the LIFE Guide for Couples. Richard holds two master's degrees; an M.Ed. from the University of Tennessee at Chattanooga and an M.A. From Harding University Graduate School. Richard is a licensed professional counselor (LPC) with the state of Georgia, a nationally certified counselor (NCC) with the National Board of Certified Counselors, a certified clinical hypnotherapist (CCH), a certified clinical sexual & relational recovery specialist (CSRRS), and a certified clinical betrayal trauma specialist (CBTS) through the Addo recovery network. Richard is also a certified professional counselor supervisor (CPCS) through the Licensed Professional Counselors Association of Georgia. He is married with two children and has worked with churches and counseling centers for over 25 years.

BEATA BOTHE, PhD

Dr. Beata Bóthe, PhD., works at the Department of Psychology at the University of Montréal (Canada) as a postdoctoral researcher. She focuses on problematic and non-problematic pornography use and compulsive sexual behaviors in her work and has published more than 60 research papers in top-tier scientific journals and 13 book chapters.

MARY DEITCH, JD, PsyD

Dr. Deitch is the past president of SASH and owner/operator of Deitch Therapy and Consulting LLC in Woodlyn, PA. Deitch Therapy and Consulting is an outpatient center for the treatment and assessment of problematic sexual behaviors & boundary violations as well as consultation and education for providers. Dr. Deitch specializes in working with problematic sexual behaviors including paraphilias, offending behaviors, schema focused therapy, relapse prevention, assessment and trauma. Dr. Deitch has presented nationally and internationally on the treatment of problematic sexual behaviors, assessment of physicians, vicarious trauma, and offending behaviors. Dr. Deitch is the former Program Director for the Keystone Center Extended Care Unit, a residential program dedicated to the treatment of those struggling with sexual addiction. Dr. Deitch was also a consultant and supervisor for Victim Services Center of Montgomery County Inc, a non-profit agency working with those who are victims of crime and their significant others. While there, her main focus was supervising students working with children via play therapy and adults utilizing an empowerment model. Dr. Deitch also served as adjunct faculty at Widener University Institute for Graduate Clinical Psychology and most recently taught on topics related to merging the fields of psychology and law.

DAN DRAKE, MS, MA, LMFT, LPCC

Dan Drake is a licensed clinician, a CSAT Supervisor, and a Certified Clinical Partner Specialist Supervisor. He has co-authored several books and he is the Founder and Clinical Director of Banyan Therapy Group in Studio City, California.

MARCUS EARLE, PHD

Dr. Marcus Earle obtained his Doctorate of Marriage and Family Therapy in 1988 and is an Arizona State licensed Psychologist and Marriage and Family Therapist. He is the Clinical Director of Psychological Counseling Services.

DAVID FAWCETT, PHD, LCSW

David Fawcett is a sex therapist and CSAT working for 30 yrs with paired sex and drug addiction.

GREG FUTRAL, PHD, CSAT-S, NCC

Dr. Greg Futral is a licensed psychologist and the Director of the Gratitude program at Pine Grove Behavioral Health & Addiction Services where he previously served as Clinical Director. He earned his master's and doctorate degrees in Counseling Psychology from The University of Southern Mississippi. His background includes work with individuals in acute crisis, with a range of severity of psychological problems, and with chemical addictions in a residential setting. Dr. Futral has been working with the Gratitude program since 2009. He is a Certified Sex Addiction Therapist & Supervisor and a National Certified Counselor.

VICTORIA GERDTS, ACSW, MPA

Victoria received her MSW and MPA from USC. She works in adult and pediatric hospice. Her internship was in family reunification due to substance abuse with Latinx populations using trauma-informed approaches. Victoria is pursuing her sex therapy license.

FLOYD GODFREY, LPC, CSAT-S, CCS

Floyd is the Executive Director of Family Strategies Counseling Center and provides counseling for adults, youth and families. He worked eight years with the City of Tempe Social Services, as a supervisor assisting school-age children and their families. He is the Director of the Sexual Addiction & Betrayal Trauma program in Mesa. He also created the "Band of Brothers" program - a clinical intervention for adolescent boys with sexual compulsions. He is a member of SASH and the AACC. Floyd maintains a personal worldview of Christian living and believes that faith in God is important for spiritual health.

STEFANI GOERLICH, LMSW

Author of "The Leather Couch: Clinical Practice with Kinky Clients", Stefani Goerlich is a Clinical Social Worker and Sex Therapist specializing in working with gender, sexuality, and relationship minority populations. As an advocate and media consultant, she has been seen in The New Yorker, Cosmopolitan, Teen Vogue, Marie Claire, CNN, the BBC and many other outlets. She recently completed an advanced practice sequel to The Leather Couch, called "Kink-Affirming Practice: Culturally Competent Therapy from The Leather Chair" which will be published by Routledge in 2022. To hear more about her work, follow Stefani on Twitter at @Tzefira_Neviah or visit www.boundtogethercounseling.com

MATEUSZ GOLA, PHD

Dr. Mateusz Gola is a psychotherapist and neuroscientist helping individuals with compulsive sexual behaviors (CSBD) through his clinical work and research allowing for better understanding of neural mechanisms underlying problematic pornography use. He is an associate professor of Polish Academy of Sciences and University of California San Diego and has authored and co-authored over 120 research publications on neuroscience of addictive behaviors, including first studies directly comparing mechanisms of CSBD with substance addictions. In his free time, he surfs and develops new mobile technologies supporting addictions recovery

KAELYN GRIFFIN, BA

Kaelyn Griffin, B.A. is a second year clinical psychology doctoral student at the University of Nevada, Las Vegas. She is a graduate research assistant in the Behavioral Addictions Lab and her research interests include religious trauma, sexual behavior, and behavioral addictions.

JOSHUA B GRUBBS, PHD

Dr. Joshua B. Grubbs, PhD., is an associate professor at in the Clinical Psychology PhD program at Bowling Green State University where he studies the psychology of addiction, personality, and religion, with a particular focus on how self-perception and sociocultural factors influence the experience and expression of addictive behavior.

MATTHEW HEDELIUS, PsyD

Dr. Matthew Hedelius has been providing treatment for individuals who suffer from trauma and sexual compulsivity for over 25 years and has completed over 50,000 therapy sessions in that time frame. He has experience in outpatient, residential and inpatient treatment settings. He provides bio and neuro-feedback as a means of helping patients resolve their addictions and trauma issues. In addition, he has been trained in and provides EMDR to help patients resolve their traumatic histories. He enjoys running half and full marathons and loves working with people. He provides supervision for therapists who are training to be sex addiction therapists.

PATRICK HENTSCH, MS, NCC, CSAT, LPC

Patrick believes we have the potential to consciously create our own experiences. Patrick brings his personal experience of recovery to his academic training and his clinical expertise. He completed his Master's degree in Clinical Mental Health Counseling at the University of North Texas. He is a Licensed Professional Counselor in Texas, as well as a Certified Sex Addiction Therapist. Patrick grew up in the USA, Japan, and the UK as the son of a Chinese mother and a Swiss diplomat father. His diverse cultural background has exposed him to an uncommon breadth of social context and human experience.

BILL HERRING, LCSW, CSAT

Bill Herring maintains a private psychotherapy practice in Atlanta. He is a former board member of SASH and served as national conference chair for three years. He is a long-time editorial board member of the journal Sexual Addiction and Compulsivity. He is recipient of both the 2004 SASH Award and the 2019 Carnes Award. He was instrumental in the content development of the SASH ATPSB certificate training.

DIANE HOVEY, PhD

Dr. Diane Hovey works with clients and families experiencing intimate betrayal. She is a therapeutic guide aiding in overcoming life-altering challenges. Before becoming a therapist, Diane was an artist, teacher, and designer. She moved from her focus on the external environment to the internal environment where perceptions shape how people manage life challenges. Her research focused on those who live with overwhelming life challenges and how the resulting stressors impact the meanings that drive behaviors. The underlying links between ongoing health conditions and the impact of betrayal are in the loss of place, self, and connections in life.

ALLYSON KELLY, PhD

Dr. Allyson Kelley supports research and evaluation efforts for several public health initiatives in the United States. Since 2005, Allyson has worked with as a research partner, expert public health consultant, evaluator, methodologist, epidemiologist, writer, and educator. Her research interests include building community capacity to address the cultural, social, and environmental factors that contribute to differences in health outcomes among underserved populations in the United States. Allyson started consulting with OUHSC and the National Center for the Sexual Behavior of Youth in 2015 as a public health policy consultant, qualitative researcher, and writer. She is the author of 30 peer reviewed publications, numerous book chapters, and two books, Evaluation in Rural Communities and Public Health Evaluation and the Social Determinants of health. Allyson currently resides in the mountains of central Oregon and loves a good book and gardening.

WILSON KENNEY, PhD

Wilson received his doctorate in Clinical Psychology from the University of Utah, and he is a licensed clinical psychologist at the Center for Integrated Intervention (CII). Wilson has experience in multiple treatment settings, including as a school psychologist, and he served as Clinical Director for a residential, outpatient, and proctor care treatment facility in Salem, OR prior to making the decision to focus solely on CII. Wilson's areas of specialization include personality disorder, sexual misconduct, threat assessment and forensic assessment. Wilson is also a certified Forensic Evaluator in Oregon. He currently serves on the Commission on Judicial Fitness & Disability, and he previously served on the Review Panel for Forensic Evaluators. Wilson is a consulting psychologist for Foresight Security Consulting and he collaborates with John Van Dreal Consulting on threat prevention, risk-mitigation, and threat response. Wilson is also the author of Problematic Sexual Behavior in Schools, a resource for schools and communities about how to identify and supervise children with problematic sexual behavior.

LANEY KNOWLTON, LMFT

Laney Knowlton, LMFT, CSAT, CCPS-C, has worked in the field since 2009, specializing in sexual addiction and betrayal trauma. Her experience includes individual, couple, and group counseling with both male and female addicts and their partners. She runs groups for females sex/love addicts, betrayed partners, and couples workshops for sex and love addicts and partners (regardless of gender). She has a series of three books set to be published this year that span the three phases of Coupled Recovery™. She has presented at multiple professional conferences from local to international levels. She owns a private practice in Lewisville, TX.

SHANE KRAUS, PhD

Shane W. Kraus, Ph.D., is a licensed clinical psychologist and Assistant Professor of Psychology and Psychiatry at University of Nevada, Las Vegas. He has published over 100 scholarly articles and book chapters on trauma, sexual behavior, and addictive behaviors. Dr. Kraus is the Editor-in-Chief of Journal of Sexual Health and Compulsivity (formerly Sexual Addiction and Compulsivity).

JESSICA LAMAR, PsyD

Jessica Lamar has a doctoral degree (Psy.D) in Clinical Psychology from the Arizona School of Professional Psychology. She has extensive experience providing individual and group psychotherapy to individuals who suffer from serious mental illness, addictions, sexual offender behaviors, personality disorders, and dual diagnoses. She also has extensive training in completing forensic risk assessments with adults and adolescents, Sexually Violent Person (SVP) risk assessments, and family court psychological evaluations.

CHANEL MARSHALL, MFT, MS

Chanel Jaali Marshall is an independent researcher, sexual educator, and mental health professional focusing on the topics of sexual development, sexual attitudes and behaviors, and reproductive rights. She is the owner of Jaali Co., a company specializing in comprehensive, pleasure based sex education for adults. Her research has been presented at several national conferences. She is a HIV/AIDS activist and conducts community workshops nationwide on subjects from safer sex practices to sexual assault. She can be reached at www.jaalico.com

BRIAN MARTIN, LMFT-S, LSOTP, CSAT

Brian has worked in the field since 1998. His most recent specializations are in Sex Offender Treatment, Sex Addiction Therapy and the treatment of Problematic Sexual Behaviors (PSB) for both juveniles and adults. He currently works primarily in the areas of Sex Therapy, Sex Addiction and PSB, with sex addicts and partners through his individual practice in Lewisville, Texas. Brian has taught undergraduate courses at California State University, Chico and Butte Community College in northern California. Before moving to Texas, Brian was the owner and administrator of a large counseling center in northern California

BARRY MCCARTHY, PHD

Barry McCarthy, Ph.D. is an emeritus professor of psychology who has published 121 professional articles, 34 book chapters, 21 books, and presented . He received the Masters and Johnson award from the Society for Sex Therapy and Research.

ADAM MOORE, PHD

Dr. Moore co-owns Sela Health, is a prolific public speaker, and co-developed the ARM-5 model.

SHIRA OLSEN, PHD, CST, CSAT, CCPS

Dr. Shira Olsen, CST, CSAT, CCPS is a Clinical Psychologist and co-founder of Pacific Behavioral Healthcare, a specialty clinic for treating complex sexual health and intimacy concerns in Bellevue, Washington. Dr. Olsen specializes in sexual betrayal, sexuality, and compulsive/impulsive sexual behaviors. Her extensive integrative training and her research interests over the past 10 years contribute to her innovative approach to helping clients heal from the emotional pain of intimate betrayal and sexual difficulties. She is a contributing author to the book *Facilitating Resilience and Recovery Following Trauma* and has published numerous empirical articles on the topic of betrayal trauma.

MARC PIMSLER, MA LPC

Marc is an entrepreneur, published author, sought after experiential trainer, therapist, and coach.

JOANNA RAABSMITH, MDIV, MA, LMFT

Joanna is a Licensed Marriage and Family Therapist. She earned graduate degrees from Fuller Seminary, a Masters of Marriage and Family Therapy and a Masters of Divinity. She is trained in Restoration Therapy and EFT, EMDR, and through APSATS.

MATTHEW RAABSMITH, MDIV, PCC

Matthew is a Professional Certified Coach. He earned his Masters of Divinity from Fuller Seminary.

TANISHA RANGER, PsyD, CSAT

Dr. Ranger is a psychologist practicing in Las Vegas. She is owner of Insight to Action LLC, a private practice providing clinical and consultation services. She has specialty training in the treatment of sexual addiction, relational concerns, and racial trauma. She has dedicated herself to helping people overcome trauma, manage relationships, improve their moods, and embrace themselves, with a focus on self-care and self-compassion. Dr. Ranger is also clinical director at Southern Nevada Psychological Services, a behavioral health agency focused on providing services to underserved populations. SNVPsych specializes in cognitive rehabilitation services for individuals experiencing dementia and other cognitive deficits.

ERICA SARR, PsyD, MED, CSAT

Dr. Erica Sarr is a licensed clinical psychologist and currently serves as the clinical director for Gentle Path at The Meadows. She also is a national speaker on process addiction and mental health issues. Her specialty is integrating a framework of positive sexuality with accountability while working with clients who struggle with compulsive sexual behavior or who have committed professional or criminal sexual boundary violations. She is passionate about helping all clients define and embrace healthy, joyful, values-congruent sexuality. Dr. Sarr also specializes in the intersection of sexuality, mental health, and technology, particularly in the area of video games.

JENNY SHIELDS, PhD

Jennifer Daer Shields, Ph.D., is a Licensed Clinical Psychologist and Assistant Professor at the University of Oklahoma Health Sciences Center (OUHSC) and National Center on the Sexual Behavior of Youth (NCSBY). Dr. Shields has been a member of various research, clinical, and training teams at the Center on Child Abuse and Neglect at OUHSC since 2013. She received both her masters and doctorate degrees in Clinical Psychology from Oklahoma State University and completed her pre-doctoral clinical internship and post-doctoral fellowship in clinical psychology at the OUHSC College of Medicine. Broadly, Dr. Shields conducts research related to the dissemination and implementation of evidence based treatments for children exposed to adversity.

DAN SOLEN, CMHC

Dan is a CMHC with over 6,000 hours of experience working with individuals struggling with compulsive sexual behaviors, and their partners. Dan is co-author and creator of the ARM-5 model, and actively trains and presents on the subject.

BAILEY WAY, B.Sc

Bailey Way, B.Sc., is a second-year clinical psychology doctoral student at the University of Nevada, Las Vegas. She is a graduate researcher in the Behavioral Addictions Lab. Her research interest includes pornography use, sexual behavior, and behavioral addictions.

KEN WELLS, MDIV, MA, LPC, CSAT, LSAC

Ken Wells is a senior staff therapist at Psychological Counseling Services in Scottsdale, AZ with over 25 years experience. Ken works primarily with sexual addiction, sexual offending behaviors and family issues. He is the author of the book Dare to Be Average: Finding Brilliance in the Common Place. His Letters of Clarification strategy has been published and is utilized to facilitate betrayal trauma around the world. He is a contributing author to two other books and has published numerous professional articles. He writes a twice weekly blog entitled Velvet Steel. He also facilitates six men's groups around the country focusing on sexual addiction re-recovery. He was an original member of the founding board for IITAP which developed the foundation of CSAT training and a charter member of the New Hope Educational Foundation, a non-profit that supplies funds for psychological treatment scholarships.

MATTHEW WHEELER, LPC, CSAT

Matt is a counselor and supervisor at the Family Strategies Counseling Center and provides counseling for adults, youth and families. His high energy works well with adults and teenagers alike. He received his Master's in Counseling from Ottawa University with an emphasis on trauma and deprivation. He facilitates Phase 3 work in the Sexual Addiction & Betrayal Trauma program, and is also the creator of the "Band of Brothers" program for adolescent boys with sexual compulsions. Matt enjoys photography, hiking, road biking, and dating his wife. He has three beautiful children.

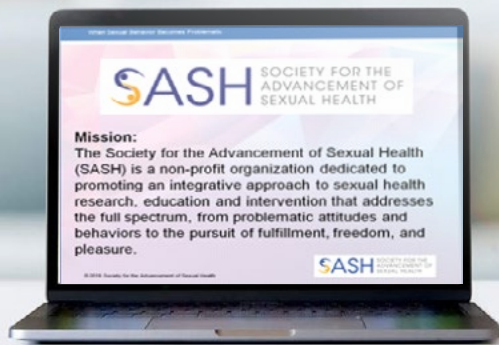
BRIAN WILLOUGHBY, PHD

Brian Willoughby, Ph.D. is currently a professor in the School of Family Life at Brigham Young University and a research fellow at the Wheatley Institute. His research generally focuses on how adolescents, young adults, and adults move toward and form long-term committed relationships. Dr. Willoughby currently serves as an associate editor for the Journal of Sex Research and serves as an assistant editor for Emerging Adulthood.

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When Sexual Behavior Becomes Problematic is for community audiences, and any member can offer it in your community. **Problematic Sexual Behavior 101** is for professional audiences, suitable for CE's *, and you must be a qualified licensed / certified professional to deliver it.

When Sexual Behavior Becomes Problematic [community]

This seminar is designed for anyone wondering "How do I know when sex is a problem?" It is for parents, spouses, clergy, teachers or anyone looking for answers and help. It addresses labels for problematic sexual behavior and behaviors for which people seek treatment. Sexual behavior that is problematic for some people may not be for others, and attendees will be given a framework to help them distinguish potential problems from healthy sexual behavior, as well as a list of risk factors that appear to contribute to the development of problems. Participants will review recent research on internet pornography's effects, as well as the new "Compulsive Sexual

50 Minutes

*NOTE: If CEs are offered, attendees must pay to attend. Once SASH's CE charges are covered, any remaining proceeds will be split between you and SASH.

Problematic Sexual Behavior 101 [professionals]

This seminar is for professionals both new to the field of sexual health and already working in it. It addresses various labels for problematic sexual behavior (PSB) as well as categorizing the types of behaviors for which people seek treatment. Participants will be able to (1) describe a framework for identifying problematic sexual behaviors; (2) discuss potential risk factors for PSB; and (3) list various treatment options for PSB and support options for partners. The risk factors that appear to contribute to the development of problems will also be addressed. Finally, attendees will review the new "Compulsive Sexual Behavior Disorder"

55 Minutes

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THURSDAY OCTOBER 14TH

Title of Presentation	Date/Time	Potential Corresponding Credential
	THURSDAY	
Developing Healthy Intimacy: The Impact of a Parent's Problematic Sexual Behaviors on Young Adult Children (Hovey/Gerdt)	10/14/2021 9:00 AM - 10:30 AM	CPSBT1d Treatment for affected family members (90mins)
PSB 101-for Professionals (Asproni)	10/14/2021 9:00 AM - 10:30 AM	CPSBT1a (60 mins) multiple theories of problematic sexual behaviors and its etiology AND CPSBT1b (30mins) Assessment and diagnosis related to problematic sexual behaviors.
The Impact of Kink Stigma on the Diagnostic Process: A Case Study Presentation (Goerlich)	10/14/2021 9:00 AM - 10:30 AM	GHS3c Diverse sexual expressions and lifestyles (e.g., consensual non-monogamy, tantra, BDSM) (60 mins) AND GHS5a Ethics (30mins)
Dare to Be Average: Reflections on Relapse Prevention (Wells)	10/14/2021 11:00 AM - 12:30 PM	CPSBT1c methods of clinical intervention for problematic sexual behavior (90 mins)
Fanning the Flames of Desire: How to Treat Low Sexual Desire and Desire Discrepancy in Relationships (Olsen)	10/14/2021 1:30 PM - 3:00 PM	GHS4c Negotiating differences in sexual desire, interests, preferences, and values between partners (90 mins)
Wait- are you telling me I might be "Normal"? (Deitch/Herring)	10/14/2021 1:30 PM - 3:00 PM	GHS3c Diverse sexual expressions and lifestyles (e.g., consensual non-monogamy, tantra, BDSM) (90 mins)
Working with Professionals with Problematic Sexual Behaviors: Considerations for Assessment and Treatment (Futral/Bennett)	10/14/2021 1:30 PM - 3:00 PM	CPSBT1b (60 mins) assessment and diagnosis related to problematic sexual behaviors OR CSOC1a (60 mins) AND CSOC1b clinical evaluation of sexual offenders (30 mins)
Coupled Recovery™: Connecting Individual and Relational Recovery (Knowlton/Martin)	10/14/2021 3:30 PM - 5:00 PM	CPSBT1d Treatment for affected family members OR CSRTT1c treatment methods specifically tailored to sexual relational trauma (e.g., infidelity), with exposure to multiple theoretical perspectives (90 mins)
Sex Talk: Investigating the Sexual Development and Sexual Attitudes of African American Women (Marshall)	10/14/2021 3:30 PM - 5:00 PM	GHS3d Social, economic, cultural, religious/spiritual, and familial factors influencing sexual behaviors and values (90 mins)
The Search for Co-regulation: Helping Clients Understand Affects & Attachment Styles to Create Therapeutic Alliance & Path to Healing and Recovery (Crocker/Asproni)	10/14/2021 3:30 PM - 5:00 PM	CPSBT1a Multiple theories of problematic sexual behaviors and its etiology GHS4a Relationship dynamics and intimacy skills (90 mins)



FRIDAY OCTOBER 15TH

Title of Presentation	Date/Time	Potential Corresponding Credential
	FRIDAY	
#JointheConversation Youth and PSB Panel Discussion (Shields, Kenney, Kelly, Godfrey, Hedelius)	10/15/2021 9:00 AM - 10:30 AM	CPSBT1c methods of clinical intervention for problematic sexual behavior (for all objectives) (90mins)
Policies and Practices Across Professions in Addressing the Problematic Sexual Behavior of Youth (Shields/Kelly)	10/15/2021 11:00 AM - 12:30 PM	CSOC1f limits of competence, ethics, legal concerns, and standards of care for sex offender assessment and treatment (90 mins)
Problematic Sexual Behavior of Youth in the Schools (Kenney)	10/15/2021 11:00 AM - 12:30 PM	CSOC1f limits of competence, ethics, legal concerns, and standards of care for sex offender assessment and treatment (30 Mins) AND CSOC1biii Differences between juvenile and adult offenders (60 mins)
Into The Thunderdome: Researching Compulsive Sexual Behavior in the Internet Era (Grubbs)	10/15/2021 1:15 PM - 2:15 PM	GHS5c Ethics (60 mins)
The Silent Conversation: Examining Erotic Transference and Countertransference during Sexuality Counseling (Sarr)	10/15/2021 2:30 PM - 4:00 PM	GHS5c Ethics (90 mins)
Building Thriving Relationships Beyond Betrayal (Raabsmith, Raabsmith, Drake)	10/15/2021 4:10 PM - 5:40 PM	GHS4a Relationship dynamics and intimacy skills (90 mins)
Ethical Treatment for Adolescent Males with Compulsive Sexual Behavior (Godfrey/Wheeler)	10/15/2021 4:10 PM - 5:40 PM	CPSBT1e factors relating to sexuality in diverse populations (e.g., sexual minorities, age, ethnicity, homelessness, substance use population) and differentiating problematic sexual behavior within diverse populations (90 mins)
Children with Problematic Sexual Behavior: Who are they and how can we help? (Shields)	10/15/2021 4:10 PM - 5:40 PM	CPSBT1e factors relating to sexuality in diverse populations (e.g., sexual minorities, age, ethnicity, homelessness, substance use population) and differentiating problematic sexual behavior within diverse populations OR CSOC1biii Differences between juvenile and adult offenders (90 mins)

 **SATURDAY OCTOBER 16TH**

Title of Presentation	Date/Time	Potential Corresponding Credential
	SATURDAY	
Hot or Bothered?: Clinical and research perspectives on problematic pornography use	10/16/2021 9:30 AM - 11:30 AM	GHS2f Multiple theories of problematic sexual behavior OR CPSBT1a multiple theories of problematic sexual behavior and its etiology (90 mins) AND GHS4a Relationship dynamics and intimacy skills OR GHS4c Negotiating differences in sexual desire, interests, preferences, and values between part (30 mins)
Love in a Time of Pandemic (Ranger)	10/16/2021 12:15 PM - 1:45 PM	GHS2a The influence of health and medical factors on sexuality (90 mins)
Craving Intensity: Stimulants, Sex, and the Search for Connection (Fawcett)	10/16/2021 12:15 PM - 1:45 PM	GHS2c The interaction of substance use/abuse and sexuality (90 mins) OR CPSBT1c methods of clinical intervention for problematic sexual behavior (90 mins)
From Playboy to Onlyfans: How Pornography Has Changed over the Last Half Century. (Hedelius)	10/16/2021 2:30 PM - 4:00 PM	GHS3c Diverse sexual expressions and lifestyles (e.g., consensual non-monogamy, tantra, BDSM) (30 mins) AND GHS5a Ethics (30 mins)
Compulsive Sexual Behavior Disorder in ICD-11: Clinical Recommendations for Treatment Seeking Clients (Kraus/Way/Griffin)	10/16/2021 2:30 PM - 4:00 PM	GHS2f Multiple theories of problematic sexual behavior OR CPSBT1b assessment and diagnosis related to problematic sexual behaviors (90 mins)
The Impact of Disenfranchised Grief on the Treatment Sex Addiction (Lamar/Earle)	10/16/2021 4:15 PM - 5:45 PM	CPSBT1c methods of clinical intervention for problematic sexual behavior (for all objectives) (90 mins) OR CSRTT1c treatment methods specifically tailored to sexual relational trauma (e.g., infidelity), with exposure to multiple theoretical perspectives (90 mins)
Distress Quadrants for Assessing and Treating Problematic Sexual Behaviors (Moore/Solen)	10/16/2021 4:15 PM - 5:45 PM	CPSBT1c methods of clinical intervention for problematic sexual behavior (90 mins)
Recovery from Compulsive Sexual Behavior: The Role of Couple Sexuality and Eroticism (McCarthy)	10/16/2021 4:15 PM - 5:45 PM	GHS4a Relationship dynamics and intimacy skills (90 mins)

 **SUNDAY OCTOBER 17TH**

Title of Presentation	Date/Time	Potential Corresponding Credential
	SUNDAY	
A New Model of Healthy Male Sexuality (McCarthy)	10/17/2021 10:00AM - 3:00PM	GHS3b Gender identity and gender roles (180 mins) OR GHS3d Social, economic, cultural, religious/spiritual, and familial factors influencing sexual behaviors and values (180 mins) AND GHS3f Pleasure enhancement skills, techniques, and tools (60 mins)



all courses on the lists above are applicable to sash credentials:

GHS=General Human Sexuality Requirements, required for ALL credentials
CPSBT=Certified Problematic Sexual Behavior Therapist
CSRTT=Certified Sexual and Relational Trauma Therapist
CSWT=Certified Sexual Wellness Therapist
CSOC=Certified Sexual Offender Clinician



OVERVIEW OF SASH CREDENTIALS

The SASH certifications are the only credentials in the industry that comprehensively address specific areas of sexual health. Clinical Professionals who seek to market to potential clients that they are expertly trained above and beyond competing providers in a specific area relating to sexual health, and can therefore offer a specialized and deeper level of understanding in that area, may be interested in obtaining a SASH Credential in that area. In many cases, for active clinicians practicing in the field, several of an individual's credential requirements may already be met, making this specialized certification a valuable tool for little additional effort.

To emphasize their experience and knowledge as a leading professional in the industry, clinicians may apply for one or more of the following specialized certifications:

Certified Problematic Sexual Behavior Therapist (CPSBT)

Certified Sexual Wellness Therapist (CSWT)

Certified Sexual and Relational Trauma Therapist (CSRTT)

Certified Sexual Offender Clinician (CSOC)

Distinguished Sex Therapist (DST)

Requirements for All Certifications

GENERAL PREREQUISITES REQUIREMENTS

To be eligible for any of the SASH credentials, the following requirements must be met:

1. A medical degree (including Doctor of Osteopathic Medicine), advanced practice nursing degree, or a graduate degree in a field of behavioral health (e.g., psychology, social work, counseling, marriage and family therapy) from an accredited university.
2. At least one year of licensure to practice independently as a mental health provider (e.g., licensed clinical psychologist, licensed psychiatrist, licensed professional counselor, licensed mental health counselor, licensed marriage and family therapist, licensed clinical social work, licensed psychiatric nurse practitioner, or equivalent) at the masters or doctoral level.
3. If the applicant holds a degree from a non-accredited institution, or is practicing outside of the United States or in a United States territory, the applicant will provide documentation to demonstrate that the education and licensure that they have obtained is functionally equivalent to these standards.

SEXUAL ATTITUDES REASSESSMENT (SAR)

To be eligible for any of the SASH credentials, an individual must have completed a group experience of no less than ten clock hours in which the individual processes, explores, and reevaluates their own beliefs, feelings, values, attitudes, and trauma involving the topic of human sexuality and human sexual behavior. The experience may be done over multiple sessions, but each session must be conducted for a minimum of three (3) clock hours and must be conducted in a group setting.

For the experience to count as credit towards a credential, it must not have been conducted in the course of personal therapy. If the experience was conducted in the course of academic work, the participant must show that it was experiential in nature and not a lecture-based learning exercise. The individual must be a participant in the experience, and not a facilitator.

A similar workshop such as the Sexual Attitudes and Values Overview and Reevaluation (SAVOR) available from SASH also fulfills this requirement.

GENERAL HUMAN SEXUALITY EDUCATION REQUIREMENTS

To be eligible for any of the SASH credentials, an individual must have completed no less than ninety (90) clock hours of education in human sexuality (please note that one clock hour is sixty minutes). The applicant must have completed at least three (3) clock hours in each of the subject matter below marked with an asterisk (*). The remainder may be obtained in any of the subject matter below, including electives marked with a dagger (†), but no more than twenty (20) hours in any of these areas may be counted towards the total. At least fifteen (15) hours of this training must be completed in person or via synchronous video e-learning. The remaining may be completed either in person, or via distance learning. These hours must be obtained from an accredited college or university, or alternatively from a continuing education organization that is certified to provide CE credits from any of the approved organizations.

Please note that the Credentialing Committee reserves the right to reject any educational credits, or to request additional education in any subject matter prior to awarding a certification.

Human Sexuality Core Knowledge Areas

1. Sexual Development, Anatomy, Physiology, and Reproduction
 - a. Sexual development across the life-span from a biological, psychological, and social perspective *
 - b. Sexual and reproductive anatomy and physiology *
 - c. Sexual response cycle and models of sexual desire *
 - d. Theories explaining individual differences in sexuality *
 - e. Conception and childbirth †
2. Sexual Health Challenges
 - a. The influence of health and medical factors on sexuality (e.g., illness and infection, disability, mental health, medications, contraception and safer sex practices, fertility struggles, pregnancy and childbirth, pregnancy termination, sexually transmitted infection, physical injuries) *
 - b. Sexual functioning challenges and dysfunctions (e.g., discrepancy in partner desire, absence of desire, difficulties attaining or sustaining arousal, difficulties with sexual pain and penetration, and orgasm difficulties *
 - c. The interaction of substance use/abuse and sexuality *
 - d. Sexually transmitted infections *
 - e. Sexual trauma (e.g., exploitation, abuse, harassment, and assault) *
 - f. Multiple theories of problematic sexual behavior *
3. Sexual Identity and Erotic Expression
 - a. Sexual orientation *
 - b. Gender identity and gender roles *
 - c. Diverse sexual expressions and lifestyles (e.g., consensual non-monogamy, tantra, BDSM) *
 - d. Social, economic, cultural, religious/spiritual, and familial factors influencing sexual behaviors and values *
 - e. The interaction of technology and sexuality *
 - f. Pleasure enhancement skills, techniques, and tools *
4. Intimacy and Relationships
 - a. Relationship dynamics and intimacy skills *
 - b. Sexual communication between partners *
 - c. Negotiating differences in sexual desire, interests, preferences, and values between partners *
 - d. Models of effective communication (e.g., verbal and non-verbal communication) †
5. Professional Development
 - a. Ethics *
 - b. Professional communication skills (concerning clients, colleagues, and students) *
 - c. History of the research, theory, and treatment concerning human sexuality †
 - d. Methods and principles of sexuality research †
 - e. Careers in sexual health †

NOTE: The applicant must have completed at least three (3) clock hours in each of the subject matter above marked with an asterisk (*). The remainder may be obtained in any of the subject matter listed above, including electives marked with a dagger (†), but no more than twenty (20) hours in any of these areas may be counted towards the total.

Certified Problematic Sexual Behavior Therapist (CPSBT)

Clinical professionals seeking certification as a CPSBT have an interest in treating individuals struggling with problematic sexual behavior (PSB). These clinicians understand the nuances of PSB and know that only through very specific therapeutic approaches can someone heal.

SPECIFIC REQUIREMENTS

Initial Certification Requirements (in addition to General Prerequisite Requirements listed previously)

1. Complete a minimum of seventy (70) total hours of training in problematic sexual behavior in the past five (5) years. At least thirty-five (35) hours of this training must be completed in person or via synchronous video e-learning. The remaining may be completed either in person, or via distance learning. These hours must be obtained from an accredited college or university, or alternatively from a continuing education organization that is certified to provide CE credits from any of the approved organizations (see last page). Please note that the SASH Credentialing Committee reserves the right to reject any educational credits or to request additional education in any subject matter prior to awarding a certification.

This training must meet the following minimum requirements:

- a. A minimum of ten (10) hours covering multiple theories of problematic sexual behavior and its etiology
 - b. A minimum of ten (10) hours in assessment and diagnosis related to problematic sexual behaviors
 - c. A minimum of twenty (20) hours in methods of clinical intervention for problematic sexual behavior
 - d. A minimum of ten (10) hours in treatment for affected family members
 - e. A minimum of five (5) hours in factors relating to sexuality in diverse populations (e.g., sexual minorities, age, ethnicity, homelessness, substance use population) and differentiating problematic sexual behavior within diverse populations
 - f. A minimum of five (5) hours in sexual offender evaluation and treatment.
 - g. A minimum of five (5) hours concerning limits of competence, ethics, legal concerns, and standards of care for treatment of problematic sexual behavior
 - h. Training in only one treatment methodology is not sufficient to meet these requirements. Only ten (10) hours in one method may count toward the total hours required.
2. Complete a minimum of five hundred (500) hours of direct clinical intervention with clients or family members affected by problematic sexual behaviors.
 3. Complete at least forty (40) hours of clinical supervision of treatment for problematic sexual behaviors.
 - a. Supervision may be conducted by any CPSBT Supervisor
 - b. Supervision may be conducted by someone who is a recognized expert in this subject matter who is not a predesignated CPSBT supervisor, as approved by SASH on a case by case basis. To have such a supervisor approved, the applicant must submit a Supervisor Special Approval Form, along with a copy of the supervisor's vita and a statement of the qualifying nature of the supervision
 - c. A minimum of fifteen (15) hours must be completed in individual (one on one) supervision
 - d. The remaining supervision can occur in groups no larger than six (6) supervisees
 - e. Supervision must come from at least two supervisors with different theoretical orientations. (supervision hours are equally divided between the two supervisors.)

** Ongoing Certification Requirements may be found on SASH website (sash.net)*

Certified Sexual Wellness Therapist (CSWT)

Clinicians with an interest in helping individuals understand sexual wellness and the interplay of desire, pleasure, arousal, intimacy, and other issues related to sexual well-being may seek CSWT certification.

SPECIFIC REQUIREMENTS

Initial Certification Requirements (in addition to General Prerequisite Requirements listed previously)

1. Complete a minimum of seventy (70) total hours of training in sexual wellness, dysfunction (physical and mental), and pleasure enhancement in the past five (5) years. At least thirty-five (35) hours of this training must be completed in person or via synchronous video e-learning. The remaining may be completed either in person, or via distance learning. These hours must be obtained from an accredited college or university, or alternatively from a continuing education organization that is certified to provide CE credits from any of the approved organizations (see bottom of page). Please note that the Credentialing Committee reserves the right to reject any educational credits or to request additional education in any subject matter prior to awarding a certification.

This training must meet the following minimum requirements:

- a. A minimum of ten (10) hours in theories and methods of sex therapy relating to sexual wellness and functioning
 - b. A minimum of ten (10) hours in the assessment and diagnosis of psychosexual disorders
 - c. A minimum of ten (10) hours in relationship intervention for problems implicating sex and intimacy
 - d. A minimum of twenty-five (25) hours in sex therapy intervention techniques must include the following areas but can include others:
 - i. Arousal disorders
 - ii. Desire disorders
 - iii. Orgasmic disorders
 - iv. Paraphilic disorders
 - v. Pain and discomfort (e.g., Vaginismus, Dispareunia)
 - vi. Sexual orientation and identity
 - vii. Medical and disability concerns and sexuality
 - e. A minimum of five (5) hours concerning limits of competence, ethics, legal concerns, and standards of care for sexual functioning and wellness therapy.
 - f. Training in only one treatment methodology is not sufficient to meet these requirements. Only ten (10) hours in one method may count toward the total hours required.
2. Complete a minimum of five hundred (500) hours of direct sex therapy intervention with individuals or couples.
 3. Complete at least forty (40) hours of clinical supervision of sex therapy practice.
 - a. Supervision may be conducted by any CSWT Supervisor
 - b. Supervision may be conducted by someone who is a recognized expert in this subject matter who is not a predesignated CSWT supervisor, as approved by SASH on a case by case basis. To have such a supervisor approved, the applicant must submit a Supervisor Special Approval Form, along with a copy of the supervisor's vita and a statement of the qualifying nature of the supervision
 - c. A minimum of fifteen (15) hours must be completed in individual (one on one) supervision
 - d. The remaining supervision can occur in groups no larger than six (6) supervisees
 - a. Supervision must come from at least two supervisors with different theoretical orientations. (supervision hours are equally divided between the two supervisors.)

** Ongoing Certification Requirements may be found on SASH website (sash.net)*

V.1 effective August 15, 2019

Certified Sexual and Relational Trauma Therapist (CSRTT)

Therapists seeking certification as a sexual and relational trauma therapist have a focus on families and partners. These professionals are invested in helping the injured relationship heal so relationships are restored and sexual health is optimized.

SPECIFIC REQUIREMENTS

Initial Certification Requirements (in addition to General Prerequisite Requirements listed previously)

1. Complete a minimum of seventy (70) total hours of training in sexual and relational trauma in the past five (5) years. At least thirty-five (35) hours of this training must be completed in person or via synchronous video e-learning. The remaining may be completed either in person, or via distance learning. These hours must be obtained from an accredited college or university, or alternatively from a continuing education organization that is certified to provide CE credits from any of the approved organizations (see bottom of page). Please note that the Credentialing Committee reserves the right to reject any educational credits or to request additional education in any subject matter prior to awarding a certification.

This training must meet the following minimum requirements:

- a. A minimum of (10) hours in the psychological, biological, emotional, and social experiences of survivors in the aftermath of trauma and posttraumatic symptoms and etiology
 - b. A minimum of twenty (20) hours in treatment methods specifically tailored to sexual abuse or assault survivors, with exposure to multiple theoretical perspectives
 - c. A minimum of twenty (20) hours in treatment methods specifically tailored to sexual relational trauma (e.g., infidelity), with exposure to multiple theoretical perspectives
 - d. A minimum of twenty (15) hours in sexual resilience (health, empowerment, safety, and fulfillment) in the aftermath of trauma
 - e. A minimum of five (5) hours concerning limits of competence, ethics, legal concerns, and standards of care for sex and relational trauma
 - f. Training in only one treatment methodology is not sufficient to fully meet these requirements. Training in EMDR or other general trauma methodologies may only count towards ten (10) of these hours.
2. Complete a minimum of five hundred (500) hours of direct sexual and relational trauma intervention with individuals or couples.
 3. Complete at least forty (40) hours of clinical supervision of sex therapy practice.
 - a. Supervision may be conducted by any CSRTT Supervisor
 - b. Supervision may be conducted by someone who is a recognized expert in this subject matter who is not a predesignated CSRTT supervisor, as approved by SASH on a case by case basis. To have such a supervisor approved, the applicant must submit a Supervisor Special Approval Form, along with a copy of the supervisor's vita and a statement of the qualifying nature of the supervision
 - c. A minimum of fifteen (15) hours must be completed in individual (one on one) supervision
 - d. The remaining supervision can occur in groups no larger than six (6) supervisees
 - a. Supervision must come from at least two supervisors with different theoretical orientations. (supervision hours are equally divided between the two supervisors.)

** Ongoing Certification Requirements may be found on SASH website (sash.net)*

Certified Sexual Offender Clinician (CSOC)

Therapists seeking certification as a CSOC understand the unique qualities of this specialty. The combined knowledge of clinical models/treatment and the legal system allow clinicians to be effective treatment providers.

SPECIFIC REQUIREMENTS

Initial Certification Requirements (in addition to General Prerequisite Requirements listed previously)

1. Complete a minimum of seventy (70) total hours of training concerning sexual offending in the past five (5) years. At least thirty-five (35) hours of this training must be completed in person or via synchronous video e-learning. The remaining may be completed either in person, or via distance learning. These hours must be obtained from an accredited college or university, or alternatively from a continuing education organization that is certified to provide CE credits from any of the approved organizations (see bottom of page). Please note that the Credentialing Committee reserves the right to reject any educational credits or to request additional education in any subject matter prior to awarding a certification.

This training must meet the following minimum requirements:

- a. A minimum of fifteen (15) hours in assessment, to include each of the following:
 - i. Actuarial risk assessment of sexual offenders
 - ii. Assessment of arousal patterns
 - iii. Polygraphy
 - b. A minimum of fifteen (15) hours in clinical evaluation of sexual offenders, to include training specific to each of the following:
 - i. Case conceptualization
 - ii. Differences between contact and non-contact offenders
 - iii. Differences between juvenile and adult offenders
 - iv. Effects associated with intellectual and developmental disabilities,
 - v. Identification of treatment factors
 - c. A minimum of ten (10) hours in diagnostic concerns specific to sexual offending, to include:
 - i. Paraphilic disorders,
 - ii. Personality disorders,
 - iii. Psychopathy
 - d. A minimum of twenty (20) hours in treatment of sexual offenders, to include (at a minimum):
 - i. Containment model
 - ii. Good Lives model
 - iii. Impact on victims
 - iv. Impact on family members
 - v. Chaperone training
 - e. A minimum of five (5) hours in the criminal justice system
 - f. A minimum of five (5) hours concerning limits of competence, ethics, legal concerns, and standards of care for sex offender assessment and treatment
 - g. Training in only one treatment methodology is not sufficient to meet these requirements. Only ten (10) hours in one method may count toward the total hours required.
2. Complete a minimum of five hundred (500) hours of direct clinical intervention with sex offenders or first-degree family members affected by sexual offending.

Certified Sexual Offender Clinician (CSOC) Specific Requirements – continued

3. Complete at least forty (40) hours of clinical supervision of sex offender treatment.
 - a. Supervision may be conducted by any CSOC Supervisor
 - b. Supervision may be conducted by someone who is a recognized expert in this subject matter who is not a predesignated CSOC supervisor, as approved by SASH on a case by case basis. To have such a supervisor approved, the applicant must submit a Supervisor Special Approval Form, along with a copy of the supervisor's vita and a statement of the qualifying nature of the supervision
 - c. A minimum of fifteen (15) hours must be completed in individual (one on one) supervision
 - d. The remaining supervision can occur in groups no larger than six (6) supervisees
 - a. Supervision must come from at least two supervisors with different theoretical orientations. (supervision hours are equally divided between the two supervisors.)

** Ongoing Certification Requirements may be found on SASH website (sash.net)*

Distinguished Sex Therapist (DST)

Therapists seeking certification as a DST represent the highest level of experience and knowledge in the industry. The Distinguished Sex Therapist credential communicates to the world advanced expertise.

SPECIFIC REQUIREMENTS

Initial Certification Requirements (in addition to General Prerequisite Requirements listed previously)

1. Complete all requirements for at least three (3) of the four (4) above credentials.
2. At least five (5) years of professional practice in the field of human sexuality while holding licensure to practice independently as a mental health provider.

** Ongoing Certification Requirements may be found on SASH website (sash.net)*

Approved Educational Providers

Training organizations approved by the following continuing education certifying bodies likely meet the educational requirements of the individual certifications offered by SASH. It is the responsibility of the training organization offering continuing education to maintain their status as an approved provider from these organizations.

- American Psychological Association (APA)
- Accreditation Council for Continuing Medical Education (ACCME)
- National Board for Certified Counselors (NBCC- ACEP)
- National Association of Social Workers (NASW)
- Association of Social Work Boards (ASWB-ACE)
- Association of Marriage and Family Therapists (AAMFT)
- NAADAC-The Association for Addiction Professionals



SASH Grievance Policy

The Society for the Advancement of Sexual Health (SASH) is fully committed to conducting all activities in strict conformance with ethical principles for professionals. SASH will comply with all legal and ethical responsibilities to be non-discriminatory in promotional activities, program content and in the treatment of consumers. The monitoring and assessment of compliance with these standards will be the responsibility of the Vice President of Education in consultation with the members of the continuing education committee, the SASH Ethics Chairperson, the Training Committee Chairperson and the Convention Chairperson.

While SASH goes to great lengths to assure fair treatment for all participants and attempts to anticipate problems, there will be occasional issues which come to the attention of SASH which require intervention and/or action on the part of the event staff or an officer of SASH. This procedural description serves as a guideline for handling such complaints/grievances and requests for refund.

When a participant, either orally or in written format, files a grievance and expects action on the complaint, the following actions will be taken.

1. If the grievance concerns a speaker, the content presented by the speaker, or the style of presentation, the individual filing the grievance will be asked to put his/her comments in written format. The Vice President of Education will then pass on the comments to the speaker, assuring the confidentiality of the grieved individual.
2. If the grievance concerns a workshop offering, its content, level of presentation, or the facilities in which the workshop was offered, the Vice President of Education will mediate and will be the final arbitrator. If the participant requests action, the following resolutions may be employed:
 - a. attempt to move the participant to another workshop, or
 - b. provide a credit for a subsequent workshop of the same value, or
 - c. provide a partial or full refund of the workshop fee.

Actions 2b and 2c will require a written note, documenting the grievance, for record keeping purposes. The note need not be signed by the grieved individual.

3. If the grievance concerns the SASH conference CE program, in a specific regard, the Vice President of Education will attempt to arbitrate.
4. If the complaint concerns refund requests for fees paid, SASH employs the following policies regarding refunds.

Membership dues are nonrefundable.

In extenuating circumstances, the member may file a request for refund which may be granted at the discretion of the SASH Treasurer depending upon the individual's circumstances.



SASH Grievance Policy

Events

A full cash refund or account credit will be offered to registrants of live events/continuing education activities who have paid up to 30 days before the relevant live event/continuing education activity, less a \$25 service fee. Registrants who wish to withdraw less than 30 days before the relevant live event/ continuing education activity will not receive a refund. They may request credit, less a \$25 service fee, against a future event or available Video on Demand, which may be granted at the discretion of the SASH Treasurer depending upon the individual’s circumstances.

Video on Demand (VOD)

VOD is not eligible for a refund, but a credit may be applied to another VOD or left on account for a future product. Once a VOD has been viewed requests for credit will not be honored.

Merchandise:

- T-shirts can be exchanged for a different size.
- Hats are nonrefundable.
- Posters are nonrefundable

Please contact the following to submit a complaint, or if you have additional questions:

Mary Deitch, JD, PsyD
 Training Committee Chair
mary@deitchtherapyandconsulting.com
 610-945-8021
 1112 McDade Blvd.
 Woodlyn, PA 19094

Leah M. Briick, PhD
 Executive Director
executivedirector@sash.net
 610-348-4783
 PO Box 916
 Acworth, GA 30152

**SAVE THE
DATE!**



**GET READY FOR THE 2022 CONFERENCE
HOSTED IN ATLANTA, GEORGIA!**

OCTOBER 20-23, 2022

SASH SOCIETY FOR THE
ADVANCEMENT OF
SEXUAL HEALTH